

NUTRITION COALITION, INC. I Fargo, ND 58108-3001 I 1-800-447-4793 I www.willardswater.com I October, 2008

## **One "Pet" You Likely Never Guessed Could Have Benefits!**

Remember those little topiary animals you've seen on TV off and on over the years? That's right, Chia Seeds that are used to make "Chia Pets", are actu-



ally extremely rich in nutrients, including Omega-3 fatty acids.

We're happy to inform you that we are They come to us from Daily Mfg, and any of

you who have been with us for any length of time at all, know how wellreceived and respected any and all of Daily's products are.

Unlike flax seeds, which are another great non-fish source of Omega-3s, Chia seeds do not need to be ground. They can be mixed in water or juice and will then rapidly form a gel, because of the amount of fiber they contain, that is easily digested. This gel is sometimes added to beverages such as smoothies, juices and herbal teas.

They are also high in protein and minerals. This natural Super-Food has a gentle laxative and stool-softening effect that many people find very beneficial. (Although most regular users of Real Willard's Water (RWW) - especially the Dark RWW- usually say if they needed any help like that, they no longer need it after becoming regular RWW drinkers, but this is still a known reported benefit of the Chia Seeds.)

Since Chia Seeds don't need to be ground, they have a long shelf life.

Although the ancient Inca of South America ate Chia Seeds, as did the Aztec them instead of just looking at them!

and Mayan people, their many benefits are just now being recognized by modern man.

The Chia Seeds were a major food crop grown in mountainous areas

... being used by the Incas, Aztecs, and Mayans seems like a pretty good recommendation...

extending from west Central Mexico to now offering these seeds. Northern Guatemala in pre-Columbian times.

> Chia seeds were roasted and ground to form a meal called pinole and then mixed with water to form an oatmeallike mixture, or made into cakes.

The only caution we've seen on Chia Seeds is that they are **not suitable** for people suffering from sesame or mustard seed allergies.

Given all the studies that seem to just "keep coming" about the myriad of health benefits associated with Omega-3s, and the fact that Chia Seeds also provide protein and minerals, it would seem like a good bet they may well establish themselves as a staple in the diets of those who are trying to follow a natural health philosophy. After all, being used by the Incas, the Aztecs, and the Mayans, seems to be a pretty good recommendation!

Our Item No. for these amazing Chia Seeds is J-140 That's a one pound container of Chia Seeds Bulk Powder. It sells for \$13.95

Just think, you could have bought all your friends and family members a Chia pet, and never known you should eat

## **Cellulite Tip?**

We recently spotted one of those health type tips on America Online (aol) that dealt with Cellulite.

Not surprisingly, it pointed out that "No dream, laser, or pill removes cellulite. Sorry." But it did say that its appearance can be reduced with moisturizers and by drinking more water, since dehydrated skin "makes cellulite more apparent."

*Well*... maybe that's why we've heard from numerous people over the years who say their cellulite has greatly reduced or appeared to have gone away completely after they began regularly drinking Real Willard's Water (RWW).

Remember, various body builders. and veterinarians, have noted that RWW seems to help hydrate the body faster than normal water, and with even less amounts being consumed. And MANY people have told us that misting their faces with it has had a very positive impact on their complexions, probably due to the better hydration it provides, along with improved removal of dead skin cells (exfoliating).

**One Thing NOT to** Worry About... is the type of

plastic bottle our Real Willard's Water (RWW) is in. Given the growing concern over chemicals in some plastic that can leach into your body, we want to let you know that the RWW concentrate comes to you in plastic bottles made out of plastic classified as 2(HDPE) or 5(PP), both of which are known NOT to leach any such chemicals into your body. If you look on the bottom of the bottles, you will see one of those two codes imprinted on them. No BPA (bisphenol A) to worry about with these types of plastic bottles.

We've used these bottles for years because we've known for a very long time about the potential problem of some plastics allowing for chemicals in them to leach out of the bottle and into the contents. We wouldn't put something as great as we consider RWW into such a container!

## It Really Could Help Cholesterol?

For about as long as we can remember, the herb Milk Thistle has been established with the natural health industry as being good for ones' liver.

Now, a study has found that an extract from it reduced the oxidation of LDL cholesterol by up to 86%, "indicating significant potential to boost heart health," the study concluded.

The in vitro study found that the milk thistle extract protected LDL cholesterol against oxidation, which means it has potentially important implications because oxidative modification of LDL has been reported to a be a major part of atherosclerosis, and subsequently cardiovascular disease.

"Thus it is possible that the extract prepared from the fruits of an easily accessible plant could be useful to prevent the progression of atherosclerotic events", wrote lead author Sunny Wallace from the University of Arkansas.

"These studies showed that silymarin and SBN (two of the key ingredients in Milk Thistle included in the study) likely through antioxidant and free radical scavenging mechanisms of action, inhibit the generation of oxidized LDL," the researchers concluded.

However, they also said that significant further research is necessary if milk thistle and its extracts can be seen as providing a benefit to cardiovascular health. They said animal studies with mice should be the next step.

Milk thistle has been used for a long time as a food in Europe. Young leaves are used in salads, the stalks eaten like asparagus, and the heads boiled like artichokes.

Editor (Kolleen Sunde): All of this reminds me of a conclusion my mother reached years ago. She insisted the Milk Thistle she was taking had lowered her cholesterol. Charlie (my husband) and

I both told her we'd never heard of it being recommended for any cholesterol benefits. We were very familiar with all kinds of reports on it being helpful in liver health. Mom was adamant that it was helping her cholesterol. Charlie finally said it might have a connection because the liver produces most of the cholesterol in our bodies and therefore if you're helping your liver to function better, maybe that could result in an improved cholesterol level. But we'd sure never seen any published reports on that. Now we have! Thanks. Mom. for that "heads up" so long ago!

Our Milk Thistle comes from Daily Mfg. It is Item No. J-100. There are 60 capsules in a bottle for \$13.95. As Daily's often do, they make it in a combination—250 mg 80% extract and 250 mg seed powder, so you get the benefit of the "whole" herb, as well as the extract.



... that's what we thought when we read the a report recently on a new product being used surgically to reduce adhesions (scar tissue) following surgery. It's an adhesive barrier made from sugar that's designed to protect fragile tissue and prevent adhesions permanently. This is said to help heal such adhesions "from the inside out", thus preventing their formation.

That reminded us of something Dr. Willard (inventor/creator/discoverer of Real Willard's Water — RWW) told us he was told by a supervisor who had seen the RWW used on burns. She told him that it seemed the RWW helped to heal such burns "by first intention meaning it heals from the inside out" instead of the more typical healing in which a scab first forms over the wound and then the healing occurs from the top down. If you heal from the inside out, you are less likely to devlop scars.

And if you ask any of the countless people who have told us over the years about using RWW on all different kinds of burns, if they have scars from the burns, we believe nearly all would say "No", because we can't remember any who have said they had scarring—most often what we hear is "it didn't blister, it didn't itch, and it didn't scar". Maybe that "first intention" idea is a pretty good thing!

# Trivia & Tidbits . .

- 1. How long did the Battle of Waterloo last?
- 2. What American signed the Treaty of Kanagawa and what was it?
- 3. What was the average annual salary of a U.S. public school teacher in 1900?
- 4. A group of lions is a pride; elephants a herd; what is a group of leopards called?
- 5. What is the average minimum speed (in mph) for a bird to remain aloft?
- 6. How fast can an ostrich run?
- 7. What's the average lifespan of a red blood cell in the normal human body?
- 8. In the animal kingdom, what is a glutton?

#### AND THE ANSWER IS...

1. About 9-1/2 hours.

2. Commodore Matthew C Perry, on March 31, 1854; it opened Japan to western trade.

- 3. \$325.
  - .qsəl A .4
- 6 About 40 miles per hour—taking strides of 12 to 15 feet.
  5. 11 mph, or 16-1/2 feet per second.
  - 7. Four months.
    - 8. A wolverine.

ON "THE WEB"! www.willardswater.com Or www.nutritioncoalition.com

Come visit!

Please Note: We are not health authorities of any kind. This newsletter represents our own views—presenting information we believe to be true and correct, but is "opinion", nonetheless. We also have a vested interest in most of these topics, so don't claim to be impartial. This newsletter, or anything else we publish, is no substitute for a competent health professional. User reports, though published here, don't prove anything—we pass them along because they certainly are of interest to others using the same products, or who have an interest in them.

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## PRODUCT HIGHLIGHTS & UPDATES FROM CHARLIE

## Sometimes Everybody IS Wrong ... But NOT For Thousands of Years!

Bear with me as I relate to you a rather long "stream of consciousness" type "Aha" moment I had recently. It was set off by a television news personality's comment that "everybody knows..." whatever it was he was talking about. That got me thinking about all the things we've all heard over the years that "everybody knows" that turned out to be WRONG!

And that led me to wonder if since everyone in the "natural health mindset" camp knows certain foods are good for a person, might they all be wrong?

That's when the "Aha" moment arrived... when we see "everyone" proven wrong, it usually happens at least within a couple of decades. But, when you think about it, "everyone" has known for thousands of years that certain foods seem to have certain effects or benefits on health.

That's why when mothers, and grandmothers, and fathers and grandfathers, have told their children and grandchildren for generations to "eat your vegetables, they're good for you", they HAVE always been right! When "everyone" knows something that turns out to be wrong, the error is usually discovered within at least 20 or 30 years, it seems.

All this came back to me when I looked through a pile of news stories collecting here for consideration to be included in this newsletter. In the interest of space, I'll just cite the headlines:

- Low Calcium Levels Linked to Being Overweight
- Broccoli Could Promote Lung Health, Study Says
- New Study Says Broccoli Combats Diabetes
- Red Wine Could Prevent Breast Cancer
- Red Wine Ingredient (Resveratrol) Can Ward Off Effects of Age On the Heart, Bones, Eyes and Muscles
- Bilberry & Pine Park Combo Wards Off Glaucoma: Study
- Fish (Omega-3) Keeps Brain Healthy
  Fish (Omega-3) May Reduce Eczema

Risk in Children: Study

- More Fish (Omega-3) During Pregnancy Boosts Child Development : Study
- Vitamin B-12 May Prevent Memory Loss
- Vitamin B-12 Deficiency Causes Cognitive Impairment in Mice & Can Significantly Reduce Learning Capacity

See what I mean? Did all your parents and grandparents, and their parents and grandparents before them, and those before them, and on and on and on, ALL tell their offspring to eat their broccoli, their fish, their milk, meat and fish (B-12 sources), drink their milk for the calcium in it, and many of them even claimed to know "a glass of wine occasionally or once a day is good for you" long before its key ingredient "resveratrol" was ever a part of common discussions. But, here's the "aha"... these things have been "known" (believed) for centuries.

Here's a flip side to all this. Only in recent decades has the focus on "health" been fixated on what drugs a person might take to "take care of a particular health problem" — kind of like an assumption that a health problem is due to some sort of **drug deficiency**, I've often thought—anyway, in another stack of news storiess to be considered for use in a coming newsletter were these headlines:

- New Epidemic for Seniors? Osteonecrosis or bone death in the jawbone more likely when common osteoporosis drugs are taken
- Cholesterol Lowering Drugs Harm Muscles?
- New Statin Risk: Postoperative Delirium in Elderly Patients
- Blood-Thinning Drug (Warfarin) Dangers: Bleeding in the Brain
- Dangers of COPD Drugs—Inhaled Anticholinergic Agents have significantly higher risk of heart attack, stroke, or dying from cardiovascular disease
  - Scariest Hospital Risks 1.5 million ◆

Americans fall prey to hospital error every year... between 40,000 and 100,000 due to shoddy handiwork, including surgical mishaps and drug mix-ups. The death toll from mistakes is at least as bad as that from car accidents or breast cancer, and maybe as bad as that from strokes. Another 100,000 die because of infection from hospital-bred bacteria. Now, NONE of this means there

aren't millions of cases where taking a drug for a particular problem isn't the best option. There are countless times when the benefits of a drug outweigh its risks. I do NOT intend to have anything I've mentioned here indicate otherwise.

I'm just saying that it seems to me when you look back through thousands of years of history and find that people through the ages have noted particular benefits from the eating of certain foods, there might be good reason to think there's some merit to the idea. And it seems to me that "modern man" and "modern science" should pay at least as much attention to figuring those things out, as it does to finding more drugs to throw at any given problem. After all, as far as I know, there isn't a drug on the market that has NO side effects, and I'd be hard pressed to think of a food that has ANY. Though it IS true that any food taken in extreme amounts can be toxic... but then what we're really talking about is an overdose situation, and even drug companies aren't usually held responsible if someone overdoses on their drug and faces the consequences.

As to the items mentioned here as beneficial, we do carry some of them. For your convenience, they are:

- **Resveratrol**, Item JF-2
- Pine Bark & Grapeseed, Item PY-3
- **Grapeseed**, Item PY-4 (preferred alternative to Pine Bark by some experts)
- **Omega-3**: Item J-39 from Fish Oil; Item J-77 Flaxseed Oil, and the new Item J-140,Chia Seeds
  - Vitamin B-12, Item J-20

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## "HE'LL BE GONE BY 7:15"

"Please don't use my name if you use this story—it sounds crazy. But I know what I heard. "It was way back in 1967. We had a really dear family friend who had become like another grandfather to me. A real bigger than life kind of

person, and just so interesting. He would talk politics with me and tried teaching me what he knew about the stock market, and just so many things.

"He'd suddenly gotten sick and been in the hospital in his small hometown for a few days. Nothing serious. But I had suddenly gotten very worried and insisted I wanted to go visit him—even if I had to take the bus by myself, since there wasn't a spare car in our family for my use. My mother vetoed that idea, and my Dad was out of town, but was stopping to visit Larry anyway on his way home, so it wasn't like Larry wouldn't have some company. "My Dad did visit Larry on his way home, and at the supper table after he got home, he was telling us how great Larry was looking... "he's going home tomorrow" he said. I looked up at the clock and heard the words 'He'll be gone by 7:15". It was a little after 6. I called my friend and asked her to meet me at the theatre—I just didn't want to be home when 'the call' would come.

"The movie had barely started when I felt someone touch my arm. It was my sister telling me I had to come with her. Once we got to the lobby, she told me 'Larry's gone, and we have to leave for there right away'. As awful as it was, I always felt like I dealt with that sudden unexpected loss better for having had that warning. It also convinced me that there really is a God, who knows what's happening to us, and cares enough to tell us if that's what will ease our pain."

—Name Withheld by Request 🌢

Editor: We invite you to send your own stories of unexplained help, Forks in the Road, or other inspiring stories, for this column.

# E-Mails, Mailbag & Phone Calls. .



#### Bleeding Stopped & Healed

**Nicely Since** — B.Z. told us that while meeting with an old friend, B.Z's 5-month old daughter's finger started **bleeding from a cut** of the nail clippers. "This was the second time the cut started bleeding, and the first time it wa very hard to stem the bleeding. My friend offered me Willard's Water. She told me how it had helped her poison ivy and that there is nothing harmful in it. I tasted it myself first, then dipped my daughter's finger in it. Immediately it stopped bleeding, and it healed perfectly since then! Now I'm ordering my own bottle, and am going to give one to my sister, who has many problems with poison ivy, bug bites, and eczema."

### Psoriatic Arthritis (PsA)

told us on his online order for more Real Willard's Water that "I have been fighting **PsA** for five years now. This product has helped in my energy and I no longer take Humira injections and methotrexate injections".

Editor: We don't encourage people to stop any medication programs they are on, but we have certainly heard from lots of people over many years who have reported significant relief from various types of arthritis after they began regular use of Real Willard's Water.

#### Dog & Owner Both Benefit —

"E.A." told us both she and her dog find the RWW to be "fantastic—it's amazing on **skin problems**". ●



## More Product Highlights & Updates from Charlie

## They Just "Keep Comin'..." **One Report After Another...**

You'd think a person would get used to it after 27 years. Time again people tell us they just "can't believe" this or that thing that happened after they started using "your product". Time and again, we try our best to "explain the unknown"... why "our product" might have somehow actually caused what they saw happen. But, since we are just laymen ourselves, with absolutely no credentials to cite, claim, or impress anyone with, all we can do is try to remember what we've heard "our product" is known to do that might explain what these people saw.

"Our product", as you've probably guessed, being referred to here is Real Willard's Water (RWW, for short).

Since late 1981, when we got involved with it by using it ourselves, we've really heard a mind-boggling assortment of things that users say have happened to them "coincident with their use of RWW".

To give you an idea, I'm going to just run through a few items in my stack of reports from customers that happen to be lying on my desk right now.

#### "My Dentist Can't **Believe It! He's Never Seen Such** Fast Healing!" That's

what one lady told us about her most recent follow-up visit to her dentist, following two extractions and some serious cleaning (debridement).

She explained that she has a "fierce life-long fear of dentists", and that fear has kept her away from dentists for nearly 30 years. She's done her best to thoroughly brush, and sometimes floss, but with no cleanings in that long, there certainly was a build-up. And it had resulted in her farthest back molars on her bottom row of teeth, giving way to gum

disease. They had to be pulled. The dentist said they were also "chronically infected so you'll certainly feel better once they get out".

After they were pulled, she went in for the thorough cleaning... debridetold us. It took two sessions for the cleaning.

After the cleaning, she saw the dentist again for a filling. He was "flabbergasted". She said he "kept looking in my mouth and saying 'I can't believe it. It's only been a few weeks. I've never seen healing like this. Your body has just wrapped itself up around there and healed it all up." He also told her "if he didn't know he himself had done the extractions, he'd never have believed those teeth had been pulled that recently. Nor would he have believed the improvement in my gums had happened that fast, if he hadn't had his own records there of the sort of diagnosis they'd made of how far the gum disease had progressed by each tooth. I'd gone from being in danger of losing more teeth to having none of them in such danger in only a few weeks. He said that just doesn't happen. He's never seen in it in his very busy practice of many decades."

She wasn't even rinsing her mouth with RWW, but she was steadily drinking it. Given the number of times over these 27 years that people have told us their bodies have healed from surgeries, broken bones, and other injuries so rapidly their doctors "couldn't believe it", we're speculating that maybe the RWW really did help speed up her healing. Since it is known to reduce inflammation that may have helped in healing the wounds from the extractions. And, who knows, maybe the way it is known to improve or boost the immune system, may have helped with healing her gums... we sure don't know, but if we were going to guess, we'd say that might be the one "known attribute of the water" that might explain all this.

#### **Speaking of Heal**ing After Surgery... and

in this case it's a dog's surgery we're talking about, so I don't think the "placebo" question comes into play.

"M.W." sent me an e-mail, telling ment, it's called "when it's that bad", she me that he uses the RWW himself for an occasional sore back, "but it has REALLY helped my nearly 13-year-old Lab to recover more quickly from his recent surgery to remove his spleen which had a very large benign tumor in it." Apparently, the Lab's recovery was faster than they'd been told to expect. MW. added "Seems to help his arthritis, too!"

#### **Speaking of**

Arthritis... "J.R." told us he's on an anti-inflammatory drug called Celebrex but still has "issues". He's happy with the RWW and says "I don't know if I want to find out what it's like without it because he did go without it and got worse.. then started on the RWW again, and it got better again."

**Speaking of Lim**bering Up... "D.G.) told us he went from using a cane to walk, to "running across a creek stream by stepping on the stones in the creek" after using RWW.

#### **Blood Sugar Dropped 86 Points! ...**

that's what "C.W." told us when he called in recently. He said after about 3 months of drinking Real Willard's Water (RWW) his blood sugar dropped from 185 to 99. he also lost weight during that time, but Carl said he has lost weight before and his blood sugar did NOT go down. His doctor did not believe the RWW had anything to do with it, but C.W. is convinced.

We have to tell you, we get nervous when we get calls from people with diabetes who have found their blood sugar going down so much coincident with their use of RWW, that they no longer

need insulin, or the pills they were on. We get nervous because we know how critical it is to maintain appropriate blood sugar levels. So we ALWAYS urge such people to continue to monitor their blood sugar just as conscientiously, or even moreso, than they did when they were still on the insulin or the pills. You just have to do that. Don't EVER assume you can assume it's okay.

And, on the topic of blood sugar, I'd be remiss if I didn't point out that we've also heard from numerous people over the years who have seen their LOW blood sugar come UP to normal! That's right—RWW has sometimes been said to lower high blood sugar and sometimes to have raised low blood sugar.

Like many products that work "naturally, with the body itself", RWW seems to work on "opposites". Like both High and Low blood sugar. Ditto that for Dry Eye Syndrome and Tearing Eyes; for Chronic Constipation and Chronic Diarrhea. All we can figure out is since it seems to help the body function better by absorbing nutrients better and eliminating toxins better, as well as getting rid of free radicals, and reducing inflammation, and bringing the body to a healthier (less acid) pH, maybe that means the body itself can sort of level out or balance better, in which case, opposite problems might balance out as well.

#### Speaking of Going Off the RWW... every now and then we hear from someone who

quit using the RWW for one reason or another and being without made a believer of them.

"C.P." told us she had been in the hospital for some time and got so out of her routine supplement taking, that she simply forgot to get back to her regular use of RWW. Apparently, when she started cleaning out her desk one day, she found some of our old newsletters and that reminded her she'd been "off" the RWW for some time. She got back on it, and wrote to tell us how glad she was she'd done that... "I have so much lower back pain—RWW does wonder for that! How did I forget?"

Then there's this comment from "J.E." on her online order: "I need the concentrate badly... we have been OFF

it for 2—3 weeks now and are really starting to notice the difference! (I guess that's one way to see that it works! Albeit not a recommended one!")

J.E. is right — most people are NOT glad when they "learn the hard way" that they really did feel better "back when they were using the RWW". But, once they get to using it again, and start feeling better again, they sometimes are glad to be able to tell anyone who questions why they use it, that they "proved it to themselves".

**Cat's Meow...** "A.B." sent us an e-mail to tell us about her introduction and experience with RWW... "Just yesterday I purchased WW upon the recommendation of the proprietress of a holistic pet shop. She suggested it could help me with a low energy problem, and my cat, who seems to be suffering from a possible allergy or toxicity of some sort.

"Just since yesterday evening, my cat has been drinking more water than he usually does. I think it has to be the Willard Water has something that he finds irresistible right now. I have been drinking it too, and have noticed it has a cleansing effect on me. I am also feeling particularly fine today with each passing moment and with more drinks of WW." ton products sold as Real Willard's Water"... and there have been lots of products ucts sold as being the Original, or the Pure, or the One & Only Super Duper, Whatever Willard Water, that turned or NOT to be the same formula as the rea one made AND bottled in its final container right at the Willard plant—

A.B. indicated she thinks her cat finds the RWW somehow irresistible... that's in keeping with what many pet owners have told us over the years... not only do their dogs and cats, and other animals, drink more water when its RWW, but they also tend to refuse any other kind of water, once they've had the RWW. Always makes me think maybe they really do know more about what's good for them than we people do! THAT'S the one you Coalition, Inc. (us). then Bottled in the b ultimate consumer in WILLARD PLANT only way any consurare actually getting t Dr. Willard made it. How can such ir products continue?

And, her comment about the RWW seemingly having a cleansing affect on her is another common report we hear. Also, even though she'd only been using it for a day when she e-mailed us, she was noting a sort of "sense of wellness" I've come to call it... another common report from people—whether that's due to better hydration, or what, I don't know... I just know it's fairly common.

**Hair Analysis...** this is not the scientific kind where they take some of a person's hair and test it for various nutrients. This is an analysis by

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"C.K." who told us her hair is much softer after using RWW on it. Her hair was "frizzy" she said, but after using RWW to rinse her hair after her shower it became noticeably better looking and she received several compliments on how good her hair looks. This is, again, consistent with what MANY people have reported over the years when they have sprayed RWW on their hair or used our RWW-based Aqua Gel on it. Hair just loves RWW! In fact, one of the patents on RWW is on how it "enhances human hair".

Interestingly, C.K. also mentioned that "your RWW is **better than the 'other' brand** of RWW she was using, and she thanked us "over and over". Well this touches on something we always hate bringing up, because it seems negative, but I guess it's more negative to let unsuspecting people wind up getting less than they think they are.

There have been all kinds of imitation products sold as Real Willard's Water"... and there have been lots of products sold as being the Original, or the Pure, or the One & Only Super Duper, or Whatever Willard Water, that turned out NOT to be the same formula as the real one made AND bottled in its final container right at the Willard plant-THAT'S the one you get from Nutrition Coalition, Inc. (us). Ours is Made, and then Bottled in the bottle it comes to the ultimate consumer in, RIGHT AT THE WILLARD PLANT. That's really the only way any consumer can be sure they are actually getting this product the way

How can such imitations and diluted products continue? Once a firm has spent money promoting something, the manufacturer can't cut them off without cause that can be proven. If a marketer has had it bottled elsewhere (not by the Willards) and it ends up with too much plain water in it, it becomes a sort of "he said/she said" where the marketer says the bottler screwed it up and the bottler says they did what the marketer ordered, but nobody can prove anything. The cost of a lawsuit like that could put the manufacturer out of business, and likely do no good because of the impossibility of "proof". So, getting it in the bottles filled right at the plant seems the surest way to get the REAL Willard's Water!