

Possibilities

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Studies: WW's Boosting Nutrient Absorption into the Cells; Permanently Increasing Alkalinity, & More

Editor's Note: **November 23, 2014, will mark the 34th Anniversary** of the "60 Minutes" program on Willard's Water which brought this amazing substance to the attention of millions.

To mark this anniversary, we are reviewing some of the recent studies which have helped to explain and confirm the various characteristics and benefits of this amazing substance. We have reported on them before, but this is the first time to have them all in one handy issue. ♦

By Ben Sunde

I'm sure a few of you have heard the argument that supplementing with pills to make up for nutritional needs is somehow in vain, that your body doesn't absorb and metabolize nutrients in any form other than food, that it all just amounts to paying to have "expensive urine." The grain of truth in all that is that the human body doesn't metabolize non-food nutrients as easily as it does nutrients contained in food. But that does not mean nutrients from supplements aren't absorbed at all... some of them are absorbed pretty well.

The very good news is that recent studies lend further evidence to the fact that Willard's Water greatly increases the absorption of nutrients from supplements and from food. The absorption of nutrients are covered by the concept of a substance's "Bioavailability."

Bioavailability is, simply, the quantity of a substance that can be absorbed into the bloodstream when taken orally. Some things (e.g., caffeine), have a bioavailability of 100%. Most nutrients are far lower than this, in both pill or food form, though the general claim is that it's

lower in a capsule than in bread. Let's look at some of the issues related to bio-availability.

In some cases (e.g., Co-Q10), nutrients are, for a variety of reasons, actually dependent on being taken with fat to be properly utilized. For this reason, we recommend that Co-Q10 be taken with fish or flaxseed oil, or Vitamin E (which it's paired with in our best-selling form of it, Item J-23). In other cases (e.g., B vitamins), the problem is related to the maximum load that can be absorbed at any given time, so extraneous doses will be wasted. These supplements will usually state very clearly in their listed directions to take them two or three times per day. Doing so will minimize wasted doses. It's worth noting that maximum loads apply even in food form. This is why bodybuilders eat 5 or 6 meals a day, to prevent taking excessive protein in one sitting and thereby wasting it.

In still other cases (e.g., curcumin), it actually is difficult to absorb in any form, especially in pills (for reasons unique to individual nutrients). Many of these supplements feature very high doses of the respective nutrient to take a shotgun approach to get some of it to take.

An element of truth to the idea of waste? Certainly, though an exaggerated one (and which often applies to nutrients from food, as well). But here's where I tell you more about the very good news I mentioned. That waste (which, again, isn't as much as they claim, if taken correctly) can be reduced. The key is in our most popular product, Willard's Water ("WW").

WW's central action (one acknowledged by the FDA and being demonstrated in increasing numbers of studies), underpinning most of its widely varied and occasionally shocking/stunning benefits, is that it **helps other**

nutrients to penetrate the cell membrane, thereby facilitating nutrient absorption.

What this means is less wasted resources, especially, we've found, in the very-hard-to-process compounds like curcumin. More nutrients absorbed equals less wasted, and better health for the person taking in those nutrients.

As for the difficulty in absorbing curcumin and turmeric, hang on for the good news because here we go.

The researchers in the "very good news" study found **Willard's Water's nutrient-absorption-boosting effect seems to work hardest and best on the hardest to absorb compounds, including curcumin.**

This is very good news for all of us, as the known benefits of curcumin are being added to every day by new research, and which, until now, was known to be next to impossible to effectively absorb.

While we've always praised Willard's Water's own benefits (especially since it helps with the nutrients in your food, as well), **WW is the ultimate team player in working with supplements**, given this new validation of its superior abilities in boosting the absorption of those nutrients.

So, if you "wash down" your supplements with your Willard's Water, the supplements will be of greater benefit to you as they are better absorbed, and so will the Water. This allows maximum benefit from the foods you're eating, and/or supplements you're taking.

All of that is indeed **good news**. Especially for **people who have problems absorbing nutrients** from food or otherwise — and that's **most people as they age, and many younger people, as well.** ♦

Study: WW Increases Nutrient Absorption at Cellular Level

A cellular research lab in Oregon, NIS Labs, is conducting a series of studies on Willard's Water. The goal of these studies is to figure out exactly what Willard's Water is doing on the cellular level.

We have known for many decades that Willard's Water ("WW", for short) appears to be enhancing cellular absorption and retention, but all of the studies were primarily cause and effect examinations which left many questions on how the Water is actually working.

For example, we know that adding Willard's Water to one's vitamin supplementation routine significantly reduces the amount of vitamins being flushed out in the urine and feces, a phenomenon we've historically attributed to increased cellular absorption and retention, but we've never been able to explain exactly what's happening. It is the hope that this series of studies eventually will help to definitively answer those questions.

In mid-October (2012) we received the completed report on the first study in this series and the results are very exciting as they definitively prove that **Willard's Water is enhancing cellular absorption and retention**. Some highlights of the study include:

◆ The study only examined the effects of the CLEAR product. This was done

because it has no trace minerals and therefore any effects could only be attributed to the Willard Water catalyst. All three products have the catalyst in them so this should be interpreted as a study that validates all of them.

◆ The study sought to measure the relative increase in absorption rates of six ingredients/solutions.

These tests were not randomly chosen as the ingredients represent different levels of natural cellular absorption. Two of the ingredients are generally considered to be easily absorbed, two are slightly more difficult, and two are generally considered to be extremely tough to absorb. The two toughest to absorb ingredients more often than not require additional delivery solutions (absorption boosters) to ensure absorption.

Willard's Water increased absorption rates in five of the six test ingredients with the one exception being the Vitamin B test. However, Dr. Jensen, the researcher conducting the study, said there was clearly something wrong with their B Vitamin solution and that it was not absorbed by the cells in any of the tests, including the control group, so she considers this to be a 100% successful study despite the B Vitamin problems.

◆ The effects of the Willard's Water are most apparent in those solutions that

are typically extremely difficult to absorb. In fact, the delivery system Dr. Jensen used as the control in testing tocotrienol and turmeric, are the **best known delivery systems currently on the market and Willard's Water blew both of them away**.

◆ It appeared to the researchers that Willard's Water is not behaving as a free radical scavenger as was previously thought. Rather, it's causes cells to better absorb and utilize antioxidant solutions thus increasing their effectiveness.

Interestingly enough, this phenomenon can be most clearly seen in the failed B Vitamin samples as the addition of Willard Water significantly reduced the oxidative effect of the "bad" solution.

What Dr. Willard ("Doc") told us years ago about the way in which he believed the Willard's Water works as a free radical scavenger and antioxidant, fits well with what these researchers are saying. In fact, we have yet to see any study report anything that contradicts any of the conclusions Doc reached on this amazing product so many years ago with far less sophisticated equipment.

We're NOT at all surprised the study found Doc's conclusions correct. We'd only be surprised if it found him wrong, since his data has always been confirmed by any additional tests conducted. ♦



Trivia & Tidbits . . .

1. What was the name of the U.S.S. Enterprise in the original draft of the Star Trek TV series?
2. What did Bugs Bunny drink to become invisible?
3. How many leaves does the average mature oak tree shed in the Fall?
4. Who was Alexander the Great's teacher?
5. Exactly how long is one year?
6. What did Hyman Lipman do in 1858 that made life easier for students?
7. What was the name of Smokey the Bear's mate?
8. How many grooves are there on the edge of a quarter?

AND THE ANSWER IS...

1. U.S.S. Yorktown.
2. Hare remover.
3. About 700,000.
4. Aristotle.
5. 365 days, 5 hours, 48 minutes, and 46 seconds.
6. He put pencil and eraser together.
7. Goldie.
8. 119.

ON "THE WEB"!

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PRODUCT HIGHLIGHTS & UPDATES FROM CHARLIE

Study: One WW is 4 to 8 Times “Better” than Others

Based on some exciting studies on plants **Ultimate Dark Willard's Water seems to be 4 to 8 times better than Clear or XXX** Willard's Water.

These studies certainly validate Dr. Willard's conclusion (and countless users' opinions!) that the Ultimate Dark Willard's Water is MUCH more effective than either the Clear or the XXX.

(Some companies that don't carry the Ultimate Dark because they are not authorized to, now call the old XXX the “Dark XXX” or even just “Dark. As a result of the confusion created by those changes made to the old XXX name, the name ULTIMATE Dark was given to the product that had been called simply “the Dark” or “Dark XLR-8 PLUS” for years. The change to Ultimate was to clarify that it is considered the best of Dr. Willard's three versions, and the old XXX (or variations of XXX is NOT the same as the ULTIMATE).

The studies discussed here use Willard Water with nutrients (natural fertilizers) to analyze the benefit of combining those fertilizers & WW for plants. All these plant tests so far have found the **Ultimate Dark has as much or greater impact on the plants as the Clear or XXX even when the Ultimate Dark is diluted by as much as 4 to 8 times MORE than the Clear or XXX.** In other words, the studies have found the **Ultimate Dark has to be 4 to 8 times more potent** than the other two.

Granted, this study is on plants, not people, (keep reading for a “people researcher's” findings and comment) but it helps make sense of the fact that so many people find they feel much better using the Ultimate Dark than they do using the Clear or the XXX.

Ultimate Dark WW performed as well or better on the plants than the other two versions of WW, when diluted 4 to 8 TIMES more than the other two...

It makes it seem to us laypeople that the human body may achieve even greater-than-we suspected nutrient ab-

sorption and balance with the Ultimate Dark than with the Clear or the XXX (just as the plants in these studies have done).

That improved absorption of nutrients could result in a myriad of ways in which the use of the Ultimate Dark might perform better for people than the other two do, as it does for plants — since nutrients basically drive all aspects of the human body.

The Clear and the XXX are great products, as we've always said, but these studies confirm that Doc's final version — the Ultimate Dark — is even much better.

And how did another researcher whose tests are on people not plants, recently sum up the differences those tests have indicated between the Ultimate Dark, the Clear and XXX? The “people researcher” said the **Ultimate Dark is so much better “it's not even in the same universe”** as the Clear and XXX!

We (Nutrition Coalition) are the **only authorized Distributor of the Ultimate Dark** Willard's Water, and always have been. **Dr. Willard himself made that decision** after he perfected this version, and it has continued to be honored by his family firm, the only manufacturer of Dr. Willard's Waters.

Dr. Willard's desire to leave his finest formulation in our hands, says a lot about his confidence and opinion of us, and we are, and always have been, honored and humbled to carry the torch. ♣

Study: WW PERMANENTLY Raises Alkalinity of Water

As the importance of increasing the alkalinity (pH) of drinking water has become more and more accepted as very beneficial for one's health, there have been almost countless products appearing in the market to raise the pH of water. **We don't know of ANY that raise the alkalinity and KEEP it raised permanently, EXCEPT Willard's Water.**

Those familiar with WW have known for a long time that the change it makes in the pH of water (and all its other characteristics) are permanent. Other products promoted for increasing water's pH, do NOT create that change permanently. The longest we're aware of that any company says its product will maintain the increased alkalinity is “a week at the longest”. And that piece of equipment costs thousands of dollars. Plus, **WW has additional very important benefits** besides its exclusive ability to permanently raise the pH level (alkalinity) of the water it is added to.

Most recently, a study conducted at the South Dakota School of Mines & Technology in Rapid City, SD, concluded that the evidence is there... WW does indeed make this change permanently. **Bottom line finding of the study: Adding Willard Water® to Reverse Osmosis water in recommended dilution amounts consistently raised pH several points. And, it maintained that raised pH over time.** In the study sponsored by CAW Industries, Inc., parent company and manufacturer of Willard Water® products, entitled “An Examination of Willard Water's Impact on pH,” conducted by graduate students at the South Dakota School of Mines and Technology affirmed that Willard Water®, when added to water in recommended dilution amounts permanently raises the alkalinity of drinking water.

The study's objective was to quantify the effect adding Willard Water® to drinking water has on the water's alkalinity. It also sought to measure both the relative increase in the drinking water's alkalinity when various amounts of Willard Water® were added, and whether the alkalinity would change over time after the Willard Water® had been added. The study's author, graduate student Joseph Gentilini, confirmed adding Willard Water® to drinking water in small amounts raises the pH of that water and using Willard Water® at recommended amounts has a significant impact on alkalinity. Gentilini's study also confirmed the permanency, of the alkaline change caused by the addition of Willard Water® that Dr. Willard established via his personal studies conducted nearly 25 years ago. Once again, Dr. Willard's own findings have been validated. ♣

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"I CAN'T TAKE CREDIT FOR WHAT I DIDN'T DO"...

"How did Dr. Willard ever think up such a thing, much less make it?", is one of the most common questions we're asked. We'd wondered that often ourselves. One day, after we'd gotten to know "Doc" very, very, well, we asked him. He said, "Well my ego would like to tell you that I knew if I did A+B+C, I'd wind up with D, and 'D' would be this water. But that's not true. I don't know why I did what I did...in fact, no competent chemist would ever have done what I did that made this water." He paused, and then added, "No, it was given to me. I can't take credit for what I didn't do."

Another thing that further convinced him it wasn't "his own mind" that created it, was the unusual fact that he saved it after making it, despite the fact that as far as he was concerned at the time, it was a "failed experiment". And, Doc told us, "I never saved a failed experiment...I should have dumped it down the drain like any other failure, but for some reason, I saved it. I put it up on a shelf in my lab, and kept it."

Sometime later, seemingly "by chance, but I think by

direction", Doc said, "I used it when I burned myself in the lab, and I noticed how quickly the pain stopped—it didn't act like any water I'd ever put on a burn before", and sometime after that, he again used that "failed experiment" and once again observed how different it acted than ordinary water. That convinced him to start testing it in other ways. The rest is history, as they say. The more he experimented with his "failure", the more amazing he found it.

"Yes," Doc said, "it was given to me." That's why, he told us, whenever he spoke of "discovering it" he referred to the "serendipity of the thing". He explained that in today's dictionaries "serendipity is defined as a fortunate discovery when not in search of it", but, Doc said, in old dictionaries it was defined as "involving Divine intervention". That, Doc said, is where the credit belongs for this water.

And to Doc's credit, he protected it in many ways...refused to sell out to a chemical company that would never put it to all the human uses he felt it had, and he never stopped testing it... he left us with the product, and also great insight into how to carry it forward for the greatest benefit. We're sure he would say he was simply directed to do all that he did. We're so grateful he did. ♦

Updated from February 2000 Edition. Editor: We invite you to send your own "unexplained help" stories for sharing, anonymously, if you choose.



E-Mails, Mailbag & Phone Calls...



"Better than Muscle Relaxant!" —

That's what T.S. said his wife told him about our Willard's Water **Chinota Gel**. She had hurt her back, neck, muscles, etc., when she tried to separate two dogs who had gotten into a pretty serious "spat". She had been using the muscle relaxant pills from the doctor she saw after the episode, but found when she got our topical use **Chinota Gel** and applied it, it worked better than those muscle relaxant pills. Needless to say both husband and wife are "happy campers" as they say!

Hearing & Taste — "B.F." called to tell us that since she started drinking the **Ultimate Dark Willard's Water** regularly, her hearing "greatly improved", and her sense of taste had returned. She was also a pretty "happy camper"!

4 Years of Pain Gone — "B.F." also reported that her knee pain, her "companion" for better than 4 years, had stopped after she applied the **Willard's Water** to it! We're quite certain she would have to reapply it at some point, or at least regularly drink it, to maintain such an improvement, but she will never forget how fast that long-term pain went away!

"I Thought I'd Lost My Mind!" — Surprisingly enough, we've had more people than we've counted tell us that when they used the Willard's Water topically, or our more convenient Willard's Water Gels — **Chinota Gel**, &/or **Aqua Gel** (convenient since they don't run off or evaporate like the liquid) — they couldn't believe what FAST pain relief they experienced... "I thought I'd lost my mind since nothing could work that fast!"... but our Gels sometimes seem to! ♦



More Product Highlights & Updates from Charlie

OUR STORY: What WW Did For Kolleen's Health That Made Us Such Believers And Got Us Committed To Its Proper Marketing

"How in the world did you two end up involved in this anyway?" A lot of old friends and relatives have asked us that over the years...In the beginning, my wife, Kolleen, and I, were about as skeptical as anyone about this unusual product. Until we tried it and saw what it did for Kolleen. After using Real Willard Water her 21-year-back problem went away, and her chronic bouts of bronchitis ended. And then, without our knowing it, the company we were buying it from at that time switched to an imitation product — her back got bad again, and her bronchitis returned.

Kolleen didn't know it, but I still had a small bottle from an earlier batch—the real thing. I didn't tell Kolleen, but I mixed that up and put it in the refrigerator, in place of the imitation. Her back got better by the second day! Only after she told me she thought she owed the company selling the imitation an apology because some of their new stuff "must be okay, because my back's better again", did I tell her what I'd done.

And besides her experience, some of our friends and relatives who had been as pleased with "the water" as Kolleen, had also seen the benefits stop, when the company had switched products. And these folks hadn't known about that product change, either. So after Kolleen got better on the real product (without knowing she had the real product again), we got some more of the real thing and sent it to those friends. They all called us to say it was working again—they figured they had mixed it wrong, or had a bad bottle or something. You bet they'd had a "bad bottle"!

Well, when that many people's own bodies were telling them this stuff worked, it convinced us this was far more than a placebo at work. And we certainly knew the "new product" was nowhere near as good as the Real Willard product.

After that, one thing led to another, and we ended up marketing the Real Willard Water, and have ever since.

But a lot of people wonder, when they hear this story, if Kolleen's back problem really was significant. Well, her back

problems were bad enough by 1964, that the neurologist she'd been seeing, told her parents the only option remaining was to "sever the nerves running into her arms to stop the pain"...he admitted, "she won't have any feeling in her arms, but she won't have any pain..." Fortunately, Kolleen's parents took her to a chiropractor instead.

The chiropractor helped a great deal, but her back was very unstable due to an extra vertebrae at the base of her spine that isn't fused properly, and all the damage done due to her back and neck having been so severely out of place for so long. So she always had some amount of pain, but she got along quite well.

Several years later, she was in a car accident that caused much more damage. Muscle spasms developed in her back and neck... one doctor described it as like "charley horses up and down your neck and back that just never go away".

The doctors ended up putting her in the hospital and giving her a "potent muscle relaxant" to try to break up those spasms. That muscle relaxant was so potent it "relaxed her heart and lungs" and she was declared dead. According to her chart, she didn't breathe for more than 10 minutes.

Was her back problem significant? Well, one doctor said the only option left was to "sever the nerves running into her arms to stop the pain"(!)...

Another time she was given such a potent muscle relaxant it stopped her heart and lungs (which are muscles) and she was declared dead... by the grace of God she came back... but the muscle spasms were still there—even that potent a drug didn't faze them! But Willard's Water later did...

she live, and not as a vegetable, as anyone would expect after her extended oxygen deprivation... she "came back", and started asking questions. Almost immediately she realized she didn't know who her mother was, and that she didn't even know who she was herself. It was, she said, like a complete, and terrifying, vacuum.

They changed the product, without telling us or anyone else... her back got bad again, and her bronchitis returned. Then, without telling her, I gave her real Willard's Water again...and, once more, her back got better and her bronchitis cleared up.

But, within hours, her memory returned, and full mental function.

But those muscle spasms were still there. The drug that had been potent enough to "relax her heart and lungs", as the doctors

explained later, had

done nothing for those spasms — they were as tight as ever. And they stayed that way, for years...until Real Willard Water came along.

But, given her experience, she had promised herself she'd never try another "alleged back remedy" because they never worked, and she felt so thankful simply to be alive and functioning, that she didn't want to "get on a roller coaster of being all hyped up, thinking this time it's going to take care of it, and then come crashing down when it doesn't work".

So, when Kolleen first got her hands on "the water" and "the man at the store" told her it was great for bad backs, she lost all interest in using it herself. But she'd already bought two cases, so she brought it home and told me to use it—she was sure it was really good for everyone else, but she wouldn't use it...not after "that man" had told her it was good for bad backs. She knew it wouldn't work for hers, and she didn't want to be disappointed.

So, she said, "you use it". Well, there really wasn't anything wrong with me, so I sent some to friends and relatives and told them to let me know if they ever used it and found it to be good for anything... I was curious, and since she'd bought so much of it, I didn't want it to be wasted, if it was good for something.

Within a matter of days we started hearing from people I'd sent it to. One woman's arthritic hand could function again; another friend's long-running rash that had defied diagnosis and all treatments known to medical science, was *gone!*, and Kolleen's Dad's friend used it on a bad burn, with incredible results. I was really impressed, as was Kolleen, but she still wouldn't use it.

But about 6 weeks after she'd bought it, she re-injured her neck. She had really severe pain in it, and was unable to turn her

head in either direction. Our family doctor put her on pain medication with a muscle relaxant in it (not the one that had “killed her” before!).

She’d hurt her neck on Sunday, and the doctor had started her on that medication on Monday. By Friday she was absolutely no better. After 5 days of that drug she still couldn’t turn her head, and if anything the pain seemed to be getting worse. She couldn’t even get out of bed. She was desperate. “Desperate enough to try anything”, as they say.

She asked me to “put some of that crazy water on a washcloth and put it on my neck”. So I did. Within 15 or 20 minutes, she had complete neck movement in both directions, with no pain, and no swelling!

Which “got her attention” and she finally decided “maybe I should drink this stuff”... So she did...one day about two months later, she twisted her neck and it started to hurt...that’s when she realized that up until then she’d actually been without pain. But the change had been so gradual, she hadn’t realized it until it started to hurt again!

Knowing what we know now, if she had been drinking more to begin with — *she only drank one glass a day* — we’re convinced if she’d been drinking more, she might well have seen relief even faster.

A couple other interesting points: when she first started drinking the water she developed a very bad sounding cough, but it didn’t hurt. In fact, she said it felt good. And she knew it wasn’t bronchitis — she was very familiar with what bronchitis felt like, and how it acted, and this wasn’t it. After several days of that, she coughed up a tremendous amount of phlegm, which she’d *never* done before, despite the fact that she’d had bronchitis several times every year, for years. But after she got rid of that phlegm, she felt better than she had in years. And when the seasons changed, she didn’t get bronchitis. Normally, she *always* got it with every change of seasons—sometimes a couple of times per change. Not any more.

At least not until the “switch” to the phony product occurred. That’s right, by the time we found out what was really going on, not only had her back gotten bad again, but she had bronchitis again. After she got back on the Real Willard Water, she developed a bad cough, got rid of some more phlegm, and has never had bronchitis since. And that was in December of 1982.

Another funny thing about all that, is that every doctor she ever saw who didn’t know her very well, would always tell her to quit smoking after listening to her breathe. But she’d never smoked.

One doctor in Minneapolis actually got mad at her when she told him she didn’t smoke, saying, “Lady, you can lie to your family if you want to, but I’m a doctor, I know what I hear; you do 3 packs a day.”

her lungs sounded so bad... one doctor told her he knew she smoked 3 packs a day, but she’d never smoked!

She proceeded to tell him that not only did she not smoke 3 packs a day, but that she’d never even had a cigarette in her mouth. When he finally believed her, he suggested she come in for some tests because, he said, “if you don’t already have emphysema, you’re well on your way. Your lungs are some of the worst I’ve heard.”

After she’d been back on “the real water” for several months, she had a physical — from a doctor she’d never seen before — and after listening to her lungs, he made no comment at all. Surprised that he wasn’t telling her to quit smoking, she asked how her lungs sounded. His response of “Crystal clear! I can tell you’ve never smoked”, is one she’ll never forget.

And, finally, another important piece of information that came to us several years after our introduction to Real Willard Water. It came from Dr. Darrell Bragg, former chairman of the Department of Poultry Science at the University of British Columbia, in Canada. Dr. Bragg had tested the water on broiler chickens, basically, he told us, to “get those people off his back”... those people who kept asking him to test “the water”, which was a product that “clearly made no sense” to Dr. Bragg.

But his own tests proved to him that, contrary to his initial prediction, the product did have real merit. We met him when he presented his findings at a meeting of the International Association of Poultry Science held in Iowa.

When Kolleen told him of her experience with “the water”, he said he’d bet she’d had a very serious calcium deficiency. He explained that if a person is deficient in calcium, their nerve center can’t function properly, to send out all the messages it should. Dr. Bragg theorized that, when she was injured, the nerve center sent out an alarm to “the system”, which resulted in her muscles contracting... after the “danger” was past, the nerve center should have told the muscles to relax, “it should have said, okay, everything’s fine now, relax”, but without sufficient calcium, the nerve center was never able to “get that message out”, so her muscles simply stayed contracted... in spasm. Then, after taking in the catalyst, her system had begun assimilating calcium, until it finally had enough to function as it should, and then her nerve center finally sent the

She was told her process of becoming bedridden... which she’d been told to expect... had begun...

message to “relax”.

Not only did Dr. Bragg’s theory make a lot of sense on the face of it, but it reminded Kolleen of an episode way back when she was being treated by her long-time chiropractor, after the episode in the hospital when she’d been declared dead.

Her chiropractor, Dr. Thomsen, and the neurologist she’d gone to at a different hospital, Dr. Sawyer, both had told her to take massive amounts of magnesium (to help heal the nerve damage), and calcium, since she shouldn’t take magnesium without calcium. So she had been taking a good natural form her chiropractor suggested. But, one day when Dr. Thomsen took another full spine X-ray to see what progress was being made, he was astonished to see the magnesium and calcium pills Kolleen had been taking, showing up clear as could be on the X-ray! And it wasn’t a “G-I series where you drink something to make such things show up” it was just an X-ray of her spine. Dr. Thomsen told her she might as well not take them because clearly “your body isn’t absorbing them at all”.

So, though there’s no way to know if she had a calcium deficiency, as Dr. Bragg believes, “before the water”, it is clear her body didn’t absorb calcium or magnesium well at all prior to that time. Which is one more reason that Dr. Bragg’s theory has a real “ring of truth to it”.

Between that theory, and the fact that the water is known to reduce swelling, and therefore might have helped reduce the inflammation in those muscles, which might then have helped eliminate the spasms, it seems there may be a logical explanation for the help it gave her.

The fact is, at the point “the water” came into our lives, she’d been told she was beginning a further deterioration... that she was beginning the process of becoming bedridden which was the ultimate outcome she’d been told for years to expect. Her chiropractor, orthopedists and neurologists all agreed on that; “WW” changed all that.

If you “go way back with us”, you’re likely familiar with this story; we’re telling it now for our newer friends who haven’t heard it before, and for some who’ve asked for it in writing to share with others. All this explains why we’ve been dedicated to selling only the REAL thing, properly bottled, never risking it being too diluted by bottlers anywhere but the plant where it’s made..

By the way, the experts said she would be bedridden with arthritis by her 30’s. **She is 63 as of 2014 and recent X-rays show no arthritis at all.** Her doctor was amazed. He told her the lack of arthritis that she shows is truly remarkable given her history since the vast majority of people have some by their 50’s without any history like hers. ♦