

Possibilities

NUTRITION COALITION, INC. ♦ Fargo, ND 58108-3001 ♦ 1-800-447-4793 ♦ www.WillardWater.com ♦ June/July, 2012

Little Known & Critical Information Everyone Needs to Know—These Drugs Cause Murders.

That headline is NO exaggeration. Even some Courts have exonerated people charged with homicide due to the fact that one of these drugs was the actual, undisputed cause of the homicide committed by those people.

Back in November of 1999 we wrote about a tragic case in Grand Forks, ND, where a 24-year-old man named Ryan Ehlis killed his 5-week-old daughter, due to the side effects of Adderall. Adderall is a “sister drug to Ritalin” and like Ritalin is used to treat Attention Deficit Hyperactivity Disorder (“ADHD”). We believe Ritalin is the one used more often for children, and Adderall for adults, but that may not always be the case. We also know both drugs are very commonly prescribed.

Recently we were reminded of this when we read that George Zimmerman, the man charged with homicide in the death of the young man named Trayvon Martin. It turned out that Zimmerman was on Adderall at the time of that killing. We do NOT see this as necessarily eliminating criminal responsibility, though in some cases, including the one cited above from Grand Forks, ND, the Courts have found that the person charged was not criminally responsible because their actions were clearly and indisputedly due to the drug. In other cases, defendants have been sentenced to multiple life terms for their actions. We are NOT siding with Zimmerman, or any of the other defendants in such cases, we are just pointing out that this drug may become an issue once again in a criminal case.

For an eye-opening, and very disturbing, summary of 12 different cases from 1986 through 2003, that resulted in 23 deaths and 47 injuries (including one person who was left paralyzed), check out this article online: [http://](http://www.lawyersandsettlements.com/articles/drugs-medical/adhd_fda-00103.html)

www.lawyersandsettlements.com/articles/drugs-medical/adhd_fda-00103.html

Additionally, we have often seen it reported in mainstream media, as well as in reports from various natural health sources, that “all but one” of the school shootings that have taken place in this country were carried out by students who were taking either Ritalin or an anti-depressant drug.

We are not saying there is never a case when such drugs should be used. We are NOT health experts and are not qualified to make such judgments. However, we will stick out necks out and say that this is clearly a case where not enough attention has been paid to “the people’s right to know”. Barely any attention has been given to this unimaginable nightmare in the mainstream media.

And we don’t believe people who are prescribed these drugs, and the people who live with them, work with them, or attend school with them, are ever told of the signs to watch for that might indicate a critical need to have their doctor or some qualified professional check to see if they should be taken off the medication.

And, some of these cases have occurred after the perpetrator has been taking the drug for several YEARS. So, obviously, one’s guard should never be allowed to go down, just because someone’s been “okay” on it for an extended period of time.

We would suggest that at the very least people should be given a copy of the article cited here.

If you are unable to access that story online, and would like one, or you would like a copy of the story we did in November of 1999 regarding the death in Grand Forks, ND, let us know the

next time you order and we will put one in with your order.

We don’t believe there is any natural substance known that has the same effect as these drugs do (thank goodness!) but we have read many times that there are natural items that have been helped people with ADHD. Some that we have heard mentioned by numerous sources would be:

◆ **Grape Seed and/or Pinebark Antioxidant Extracts** (also sometimes called Pycnogenol).

◆ **Omega-3 Fish Oil**

◆ **Flax Seed Oil (Omega-3)**

◆ **Zinc**

Editor: Though not mentioned by natural health experts in published reports we could find, many people have told us that **Willard Water** has been helpful for their children and/or grandchildren who are dealing with ADHD or just ADD (Attention Deficit Disorder).

Additionally, we also offer:

◆ **Grape Seed Antioxidant Extract** is Item No. J-PY4;

◆ **Grape Seed & Pinebark Antioxidant Extract** is Item No. J-PY3;

◆ **Omega-3 Fish Oil Softgel Capsules** is Item Nos. J-391 or J-392;

◆ **Flax Seed Oil Softgel Capsules** is Item No. J-77, and

◆ **Zinc** is Item No. J- 96.

Again, we are NOT suggesting that any of these natural items are a treatment, or a cure, or even a preventative for ADHD or ADD. We are simply mentioning that we have seen them cited by various natural health experts as having been found helpful to those with those problems.

In the case of Willard Water, we are simply relaying what users have told us they have observed about its use in these situations by members of their own families, which is not anything scientific. ♦

A Critical Detail on DPT Vaccine?

We've paid attention to information on vaccinations for decades.

But something we read about the DPT vaccine recently was definitely news to us, and may be to you too. And, like us, you may think it's a critical piece of information. Not to panic anyone, remember all ingredients in such vaccines are in very small doses. But, to truly have "informed consent" we think anyone consenting to such a vaccination should have this detail made clear to them.

The detail is that the pertussis toxin used in the vaccine is one of the most lethal toxins in nature.

In fact, it's such a reliable neurotoxin for inducing brain inflammation and brain damage that it is deliberately used to induce experimental autoimmune encephalomyelitis (EAE) in lab animals. That's the "detail" we'd not heard before.

That's the detail you may want to check on before giving consent to receive the vaccine yourself, or for a child in your care to receive.

We're NOT saying that's a reason by itself not to get this vaccine, but we do see it as another reason we might have second thoughts ourselves about taking it. (Truth: we don't get vaccines. We haven't for decades, nor have our children or grandchildren. But that

is our choice and has been the choice of our grandchildren's parents... there is nothing to say it is necessarily the right choice, but it seems fair to disclose what our personal choices have been in such a discussion.)

Whooping cough can be fatal for some people and especially for newborn or very young children. It is NOT to be taken lightly.

But, the risks associated with the side effects of the vaccine are NOT to be taken lightly either. This is the vaccine some have linked to autism and other problems. (The researcher who was labeled as having rigged his research linking it to autism was recently exonerated in our opinions due to facts coming out that proved those discrediting his work had instead been the ones who were "rigging" their results!)

In any event, we do not believe that any true full disclosure takes place most of the time regarding the risks of vaccinations that are explained to people before consent for those vaccinations are given. So, learning this "new detail" regarding the DPT vaccine, plus that **statistics show whooping cough rates** are cyclical and **unaffected** by numbers of people vaccinated it seemed worth pointing out. ♦

FAQ: Why Can't I Store Willard Water in Glass?

One of the most common questions we receive on Willard Water is whether or not it's okay to store what is made up for drinking in glass. We're hearing this even more often now that the new labels mention this issue.

Years ago, Dr. Willard had decided it would be best to store the Concentrate in plastic, because, theoretically, over time, if the Concentrate was stored in glass he hypothesized that it might begin to "break down" the glass since most glass is made in layers with a film in between the layers, and Willard Water is extremely good at breaking things down... things like nutrients to be better absorbed, and waste and toxins to be better eliminated by the body. It also will break down thickening agents which is why getting it made into a gel was especially difficult. Doc felt there was no point in putting something as harmless and potentially helpful as Willard Water into a container that, even if only hypothetically, could be a problem over time, just made no sense. So, he advised never to store the Concentrate in glass. That makes sense, and is why the Concentrate is always bottled in BPA-FREE plastic.

But, if you are more comfortable putting the Water you make up for drinking (the ounce-to-a-gallon mixture) in glass, feel free to do so, since you will be using that up much quicker than it could ever conceivably present a problem. Keep in mind, when you dilute the concentrate in water, you are diluting it 128 times when it's added to a gallon (128 ounces in a gallon and 1 ounce of WW Concentrate). So, between it being diluted, and being used up relatively quickly, it's fine to put the diluted mixture in glass. Just don't store the Concentrate in glass. ♦



Trivia & Tidbits . . .

1. How many different animal types are in box of Animal Crackers?
2. How many kernels of durum wheat are used per pound of pasta?
3. Herring, cabbage & carrots represent what in Germany & Scandinavia?
4. What stringed instrument was the first to have a keyboard?
5. What singer was first on a multi-track recording (billed as a duet then)?
6. What creature has four "noses" and 3,000 tiny teeth?
7. What 2 elements comprise nearly 100% of all matter in the universe?
8. Men's most common hat size is 7-1/8... what is women's most common?

AND THE ANSWER IS...

1. 18-2 Bears, bison, camel, cougar, elephant, giraffe, gorilla, hippo, hyena, kangaroo, lion, monkey, rhino, seal, sheep, tiger & zebra...
2. Approximately 16,550.
3. Herring = good luck; cabbage = plenty of silver; and carrots = gold in the year ahead.
4. The clavichord, which was developed around 1400.
5. Patti Page in 1951, singing "The Tennessee Waltz".
6. The slug.
7. Hydrogen about 75% & Helium about 25%, all the rest make up a mere fraction of it.
8. 22 inches in circumference, men's is 7-1/8 in diameter.

ON "THE WEB"!

www.willardswater.com

Or

www.nutritioncoalition.com

Please Note: We are not health authorities of any kind. This newsletter represents our own views—presenting information we believe to be true and correct, but is "opinion", nonetheless. We also have a vested interest in most of these topics, so don't claim to be impartial. This newsletter, or anything else we publish, is no substitute for a competent health professional. User reports, though published here, don't prove anything—we pass them along because they certainly are of interest to others using the same products, or who have an interest in them.

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PRODUCT HIGHLIGHTS & UPDATES FROM CHARLIE

Did You Know You Had a 39-Year Anniversary on 4/13/12? And Reports on the Ultimate Difference

April 13, 1973. That was 39 years ago as of this April 13 (2012). That date is actually an anniversary of sorts for Willard Water... at least for us personally (my wife, Kolleen, and I). That's the day she suffered a very serious neck injury in a car accident, that resulted in the severe muscle spasms running all the way down her neck and spine. They were described as "like Charlie horse's" by the neurologists and orthopedic doctors, and the chiropractor, who treated her for that injury.

Those muscle spasms were the ones that were so tight they didn't even let up when she was given a muscle relaxant so strong it "relaxed her heart and lungs" and she didn't breathe in excess of 10 minutes and was declared dead. Obviously, she came back... but with the muscle spasms still as tight as ever. Years later, it was the Willard Water use that resulted in those spasms going away, and it was when we were switched to an imitation without knowing it that the spasms got bad again. After we learned about the switch, I changed our supply in the refrigerator back to the REAL product, but **I didn't tell Kolleen** I had done that. Yet, by the second day of using the Real thing she told me "some of the new stuff is just fine"... "How do you know?" I asked. "My back is limbering up again". That's when I started laughing. That's when I told her I'd put her back on the Willard product without telling her. That's when we both knew this was some very special water!

When other people we knew went through the same "it quit working but now it works again" process when we gave them the real product without telling them it was any different... we definitely knew this was "for real". The rest of our story is history, as they say. But that car accident on April 13, 1973, certainly turned out to be an integral part of our journey leading to our involvement with Willard Water... and therefore likely to many of you, who one way or another have found it and then us, or found us and then it... so there you

go... you just had a 39th Anniversary you didn't even know of!

Kolleen's experience where her body told her of the change in the product, reminds me of when people call in who have experienced the Ultimate Dark version of Willard Water for the first time after having been using either the Clear or the XXX versions of Willard Water before. Both those versions are VERY fine and VERY impressive products to people... until they experience the Ultimate, and then they are truly amazed to find something that is very definitely even better in their experiences.

One of those reports involving something so dramatic, and so serious, that let me first emphasize **NEVER make these types of changes to your medications without your health care professional's supervision! NEVER!**

This involves **insulin use for diabetes**. "R.W." called in and told us that her son is diabetic and had been spending \$300 a month on his insulin. He had started using **Ultimate Dark Willard Water** and ended up needing NO insulin. He decided for whatever reason to switch to the Clear. R.W. told us "when he went on the Clear WW his diabetes came back until he got back on Ultimate Dark Willard Water".

Dr. Willard ("Doc") was the first person to tell us that users had always told him the Dark was even better than the Clear for blood sugar issues... whether it was High or Low blood sugar... both balanced out better with the Dark. Every user we've heard from over all these years (we've been at this since 1982 remember!) who has used WW and reported blood sugar improvements has always said the Dark was better than the Clear.

R.W.'s son certainly had an experience that seems to underline that point! But again, do NOT make changes in your blood sugar medications without your

doctor's supervision, and while making any changes in that medication — or ANY medication — be sure to watch for any changes in whatever levels you check for the condition involved, and also be sure to find out what signs to watch for that would indicate any problems, or any changes in your condition or your body's needs for a different amount of medication (likely a lower amount if the condition improves).

We've had numerous customers in recent months switch to the Ultimate who had always used the Clear or the XXX before. This started after we published the most recent studies that found plants absorbed nutrients better with Ultimate Dark even if it was diluted 4 to 8 TIMES more than the Clear or the XXX. And, keep in mind, the Clear and XXX do a fine job of increasing nutrient absorption in the first place! Think about that for a minute and you'll see why people have been getting even more excited about the Ultimate!

At any rate, we've had a lot of people "giving the Ultimate a try"... we assure them we will work out an exchange for them if they get the Ultimate and then don't like it... to date, we've had NO requests for such exchanges! But we have had a lot of calls from people who are letting us know they are so glad they gave it a try... and want to thank us as they are so pleased with the results. Guess you could say they are experiencing the Ultimate difference!

And that difference isn't just noted by people... we've had people tell us they have seen even more signs of benefits from the Ultimate for their dogs, cats, horses... you name it! What makes the Ultimate so much better? The additional minerals and other nutrients in it. Plus it seems to be a case of "the whole is greater than the sum of the parts" as it performs seemingly better than those nutrients "should" account for! More details: https://www.willardswater.com/information.php?information_num=4 ♦



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"I Can't Take Credit For What I Didn't Do", He Said . . .

People often wonder how anyone, even a scientist, would have gotten the idea to make something as unusual as Willard Water. "How did Dr. Willard ever think up such a thing, much less make it?", is one of the most common questions we're asked.

Well, we'd wondered that ourselves quite often, so one day after we'd gotten to know "Doc" very, very, well, we asked him. He said, "I don't believe in wearing one's religion on their sleeve as I think it turns people off from faith instead of the opposite. But while my ego would like to tell you that I knew if I did A+B+C, I'd wind up with D, and D would be this water. But that's not true. I don't know why I did what I did...in fact, no competent chemist would ever have done what I did that made this water." He paused, and then added, "No, it was given to me. I can't take credit for what I didn't do."

What further convinced him it wasn't "his own mind" that created it, was the unusual fact that he saved it after making it,

despite the fact that he regarded it at the time, as a "failed experiment". Doc said, "I never saved a failed experiment...I should have dumped it down the drain like any other failure, but... I put it up on a shelf in my lab, and kept it."

Sometime later, seemingly "by chance, but I think by direction", he said, "I used it when I burned myself in the lab, and I noticed how quickly the pain stopped—it didn't act like any water I'd ever put on a burn before", and sometime after that, he again used that "failed experiment" and once again observed how different it acted than ordinary water. That convinced him to start testing it in other ways. The rest is history, as they say. The more he experimented with his "failure", the more amazing he found it.

"Yes," Doc said, "it was given to me." That's why, he told us, whenever he spoke of "discovering it" he referred to the "serendipity of the thing". He explained that in today's dictionaries "serendipity is defined as a fortunate discovery when not in search of it", but, he said, old dictionaries defined it as "involving Divine intervention". That, he said, is where the credit belongs. ♦

(Reprinted from September 1999 Edition. Editor: We invite you to send your own "unexplained help" stories for sharing, anonymously if you choose.)



E-Mails, Mailbag & Phone Calls. . .



"Yours Really Seemed Better than the Other Brand, Can That Be?" — W.H. from Nebraska, called to check on her order of Coconut Oil Capsules. She and a co-worker were both waiting for it, as it included some for the co-worker. That co-worker's son or grandson gets significant help with his autism when he is taking them—even his teachers had noticed his improvement when using them. They'd run once out so W.H. had gotten some from another place she buys supplements from sometimes. Both she & her co-worker felt they didn't work as well as ours had. Winnie stated that as if she wondered if it was possible for there to be such a difference (her tone had a sort of question mark to it). I explained that even the type of capsule a product is in can have a huge impact on performance and that an awful lot of supplements in this country are in capsules that come from China. The biochemist at Daily's once told me he didn't know if there was a

"person's stomach on this planet that could dissolve those capsules, but they sure are cheap"! Daily's (the source of a large majority of our products — any Item No. that starts with the letter J followed by a dash, comes from Daily's — switched all their products to vegetarian capsules years ago, well before there was any real consumer awareness or demand for those higher quality capsules, simply because Daily's were well aware of the superiority of those capsules. Daily's don't offer anything but the best they can — that's why we only get the supplements we provide to customers from Daily's or other suppliers we know we can trust for quality.

Quality is also affected by **product freshness** and getting the **actual amount per capsule as the label claims**, etc. so yes, with Coconut Oil Capsules, and all supplements, there are many ways items that appear to be the "same" can be very different. People often say our supplements work a lot better than others did they'd tried before finding ours. And they're still competitively priced! ♦



More Product Highlights & Updates from Charlie

Common —Rather Than Unusual— User Reports On Their Willard Water Experiences

We're reprinting, in this insert, an article from a while back. It lists some of the more common reports on Willard Water use, but those common reports help make it clear why Willard Water still heads many peoples' lists of favorite products. We've had requests to reprint this article, so here it is:

Not too long ago, we printed up copies of an 8-page compilation a long-time customer of ours had come up with of reported uses of Willard Water that had appeared over the years in this newsletter.

After doing that, we realized that many (most?) of the reports we mention in the newsletter and which therefore appeared in that collection, are the more unusual uses of the product. Therefore, some of the most common uses and benefit reports from customers were not included in it.

Given the often heard request here for "what people tell you most often that they use it for", we decided to try to make up a more "common reports" type list. Keep in mind, none of these user reports prove anything. They are not scientific in any way, simply anecdotal reports, provided as information only on common usage reports.

A —

Acne. People spray it on the area, or apply our gel product (current version to use would be the Aqua Gel). Plus, as with all skin conditions, the best reports come from those who drink the Willard Water, as well as using it topically.

Acid/Alkaline Balance —

Many natural health experts say most people's systems are much too acid, and people should be more alkaline for better health. See details on this in "pH" on the other side.

Allergies. Lots of reports of allergy problems being reduced after people started drinking WW. Sometimes if the allergic reaction is a skin problem, they also spray the water on it, or apply Aqua Gel.

Arthritis. This has to be one of the very most common reports. People tell us about long-swollen joints being much less swollen, and sometimes no longer swollen at all. Also stiffness being greatly reduced, or sometimes even gone. Most of these people are drinking the Willard Water. Many peo-

ple also find temporary relief by applying the Chinota Gel on the affected areas.

Asthma. Again, a very common report. People tell us they drink the Willard Water and over time their asthma gets much better. Fewer attacks and less severe. Some say they notice a difference pretty quickly, and it keeps getting better and better. Others say it's a very subtle change over time.

B — Back Pain & Problems.

Countless people have told us their various types of back problems and pain have been significantly improved after drinking WW for a while. Some authorities say this may be related to WW's ability to increase nutrient absorption (like calcium), or to its swelling-reducing properties. Most back sufferers don't care, why, they're just happy to report on their improvement!

Blood sugar. People with both high and low blood sugar problems have told us their sugar level has improved after making drinking WW (especially the dark WW) a regular part of their lives.

Bronchitis. Chronic and otherwise. Numerous reports from people who say they have suffered with bouts of bronchitis for years, and after starting to drink "WW" regularly, their bronchitis problems either seem to come to an end, or come much less often and are much less severe.

Bursitis. Some reports over the years of people saying drinking the WW helped; also rubbing Chinota Gel on it.

C — Constipation. This has to be one of the very most common reports. Sometimes we think nearly everyone in the U.S., and maybe the world, has a problem with constipation, and WW it seems must help nearly all of them who use it. (When we get to "D", you'll see it also seems to help diarrhea.)

Cold Sores. This is another common report and another application in which people drink the WW, apply it topically, and use Aqua Gel on the sore.

Cancer. We **DON'T** consider WW to be a cancer treatment. But we have very

often heard from people who are taking radiation treatments who say when they sprayed the WW on the radiation sites (or applied the gel — like the Aqua Gel), the burns weren't nearly as bad as without them. Also, those drinking WW have reported far fewer side effects of chemo and radiation than they had when they weren't using it, or than they were told to expect. Natural practitioners treating cancer often tell their patients to drink Willard Water because it will help their natural products work better.

Chronic Fatigue. Numerous user reports saying WW has been a big help.

D — Depression. People drinking WW have said their depression problems have been reduced. Some experts have said it may have to do with bringing various levels into balance.

Diabetes. Most people reporting an improvement in this with WW are drinking the "dark" WW.

Diarrhea. People who have suffered with chronic diarrhea for extended periods, sometimes years and years, have said that after drinking WW regularly, the problem is much improved.

Digestive Problems. Various types of digestive problems have been said to have improved after regular use of WW.

E — Eczema. Many reports of improvement after drinking WW and using it topically as a spray or the WW gel (Aqua Gel).

Eye Problems. People have reported improvement not only in vision, but in cataracts after drinking the WW regularly, and or using it (the clear WW) as a spray or eyewash.

F — Fibromyalgia. Many users have said their fibromyalgia pain has been reduced following regular drinking of Willard Water, and reports of temporary relief in painful areas by applying Chinota Gel.

Foot Pain/Problems. Oddly enough, we've had a number of reports from people who say that after drinking WW for

some time, their aching feet don't ache as much. A couple people have said the dark water had more effect than the clear water. One natural health practitioner said this would likely be due to the minerals in the water, even as low a concentration as they are, because minerals help the muscles in the feet not to contract as much due to foot problems, and therefore pain would be reduced. (Also speculation has been that WW minerals are absorbed extremely well.)

G — Gout. A very common report is WW reducing the pain and frequency of bouts of gout. Both drinking it, and soaking the affected area in it.

Gum Disease. Some reports of improvement when WW and colloidal silver are used together while brushing one's teeth.

H — Hemorrhoids. Countless reports of relief by spraying the water on; soaking in a bathtub with a couple cups of the "mixed-up-gallon" solution added to the bath water, or by applying Aqua Gel.

High Blood Pressure. Many reports of blood pressure coming down after regular drinking of WW, though it certainly won't help everyone's. If on medication for high blood pressure, be sure to keep monitoring it because if your pressure comes down, the medication will keep pushing it further down, and it could go too low!

I — Immune System. Many people report their immune system seems to function much better, and they get far fewer colds, flu, etc. *Caution: People who have had organ transplants should not drink WW, in our opinion, since it does seem to boost the immune system, and they need to suppress their immune systems.*

J — Joint pain & stiffness. Very common to hear problems like this reduced after regular drinking of WW. Also, topical application of the Chinota Gel provides more immediate, (but more temporary) relief.

K — Kidney problems. Numerous reports of improvement with regular drinking of Willard Water.

Kinesiology. Just of interest that we've been told by some kinesiologists and chiropractors who use kinesiology that they've never found anyone who didn't test positive for Willard Water.

L — Lactose intolerance. Reports of reduced problems with milk, and ice cream, after regular drinking of WW

M — Migraine Headaches.

Many reports of reduced number of headaches & severity after regular WW drinking.

Menopausal Symptoms.

Many reports of reduced problems with regular drinking of WW.

Mood Swings. Numerous reports of improvement with regular WW drinking.

Muscle spasms and pain.

Lots of reports of improvement with regular drinking of WW, and more immediate temporary relief with use of Chinota Gel.

N — Nervousness/Nervous Stomach/Nervous Eating.

Reports of improvement in all these with regular drinking of WW.

O — Oxygen Level Increase.

Some experts have said WW raises the oxygen level in one's blood after drinking it.

P — Pain. Many reports of reduced pain when drinking it, or from topical use of the water, or the gel (Aqua Gel, or for more severe pain, Chinota Gel).

Panic Attacks. Some speculate the nutritional balance believed to be associated with WW is what results in users saying their panic attacks reduce after drinking it regularly.

pH. Countless people have told us they have seen their pH go from acidic to alkaline with regular Willard Water use. Many natural health experts consider this an extremely positive result since being in an acid state is said to be an environment favored by many diseases which cannot, on the other hand, survive in an alkaline environment. This discovery is the reason for the arrival of many different products on the market designed to "raise the pH of water, and therefore of one's body". We don't know of any such devices or products that change the pH of water to alkaline and keep it there permanently, other than the Willard Water, which does retain its higher pH permanently (along with all its other characteristics that are also permanent). Most "pH raising" devices hold the higher pH only for anywhere from a number of hours to a number of days. WW is the ONLY permanent solution to pH.

PMS. Many reports of reduced problems with regular WW drinking.

Poison Ivy. Spraying the site with WW or applying Aqua Gel has been said to provide a lot of relief.

Psoriasis. Many reports of relief—the best ones from those who were drinking WW as well as applying it topically (or the Aqua Gel topically).

Q — Quick. Lots of people do say "Quick, get the water, or Aqua Gel or Chinota Gel for quick relief" of all kinds of things.

R — Rash. Whatever kind of rash, WW used topically, or by drinking, seems to help. Also Aqua Gel use.

S — Sinus Headaches/Problems. Lots of people have reported more relief than in years after drinking WW regularly.

Sleep. Countless users have said their sleep has improved with regular WW drinking.

Sunburns. Spraying the burn with WW or using Aqua Gel has impressed many people.

T — Tired eyes. Some spray their eyes with (clear) WW and report relief.

U — Ulcers, Digestive. Many reports of help after drinking WW regularly.

Ulcers, Skin or Leg. Many reports of improvement with topical use, and regular drinking of WW.

Urinary Tract Infections.

A number of reports of help when drinking WW regularly, and also when combined with other treatments (mainstream or alternative).

V — Vitamin/Mineral/Nutrient Absorption. Many reports of people reducing the amount of supplements they take, getting the same or greater benefits from them, when also taking WW.

W — Wrinkles. Many, many, many, reports of less noticeable wrinkles with regular spraying of the face with WW, and drinking WW.

X — X for Unknown. Numerous reports of WW helping a skin or other condition, which had defied diagnosis.

Y — Yeast Infections. Many report improvement with regular WW drinking.

Z — Zinc & other Mineral absorption increased with regular WW drinking.

Again, these don't prove anything, but are interesting common reports on WW! ♦

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- How many kernels of wheat used per pound of pasta?
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