

Possibilities

NUTRITION COALITION, INC. ♦ Fargo, ND 58108-3001 ♦ 1-800-447-4793 ♦ www.willardswater.com ♦ February, 2008

Terry's Story: "P.S. All Brain Cancer Gone! Praise God!"

"Hi Charlie,
Here is the story of our son Terry that I talked to you about.

"In November of 2004, our son Terry Landis was being treated for bronchial problems. He went with his wife and daughter to get their fingernails done. Later when they ate supper at a restaurant, he started coughing up blood. They rushed him to the hospital where he was diagnosed with lung cancer.

"They removed the bottom two lobes of his right lung. While he was in the hospital, he contracted C-dif which is an intestinal infection. When he came home from the hospital, he was started on chemotherapy. He had a bad reaction to it, which made him hallucinate. After 10 days in the hospital, he was recovered from this problem, but he developed blood clots in his legs. At this time he was clear of cancer.

"Eight months later they found cancer on his adrenal glands. It had metastasized from the lung cancer. The doctors wanted to do more chemotherapy but since he had a bad reaction earlier he went to Cleveland Clinic for a second opinion. There the doctor studied his records and recommended that he take Tarceva to try to control the cancer on his adrenal glands. He took it for 1 year and it kept the cancer from growing. Then it became ineffective.

"Then he had a brain MRI which showed that the cancer had gone to the back of the brain. At that time Terry had whole brain radiation which destroyed the small cancer but left the other one. Then he had gamma-knife treatment which destroyed the other cancer in his brain. He still had the cancer on his adrenal glands but it was not growing. He had an episode of hallucinations again and was in the hospital for 4 days. At that time he had been having trouble keeping food down. Every time he ate he would throw up. He had lost 30 pounds. He told me that he had trouble swallowing. I told him that I had the same thing which was caused by a hiatal hernia which responds well to Nexium. He asked his doctor to prescribe this. As soon as he started to take it he stopped vomiting.

"In February of 2007 a scan showed a new cancer in the center of his brain and

another smaller cancer on the left side of his brain. The doctor gave him a prognosis of 2 months to live. He said that he could not operate or use the gamma-knife on it because of the location of the tumor. He told Terry not to come back to his office.

"Terry and his family were eating at a restaurant and a friend told him of a doctor in Hamilton who was treating his mother and she was very happy with him. His name is Evan Lang. Terry and his wife got an appointment with him to see if he might want to be treated by him. They liked what they saw and heard. Dr. Lang is very positive, whereas the doctors that he had seen in Dayton were very negative. Dr. Lang said that he was using some new cancer chemotherapy which does not cause bad reactions and is effective against the type of cancer that Terry has.

"At this time I happened to notice a CD that someone had given me when Terry began his experiences in 2004. I had not until this time listened to the CD. I decided to listen to it. It was very interesting and I gave it to Terry, explaining the information I had learned from it. It was the CD by Tonya Pierce which tells of several unconventional cancer treatments including Protocol. We decided to start Terry on the Protocol and ordered it. He has no bad effects from taking it and it is doing its job.

"After 3 weeks of taking it, Terry was scheduled for a MRI of the brain with a new doctor in Cincinnati. The doctor showed us the MRI and said that the cancer was atypical and had black, dead cells in the center of it. It looked like an amoeba instead of a round ball. The doctor said we could be aggressive and treat the cancer but since it looked like it was shrinking, we could wait 6 weeks and look at it again. Terry decided to do this. When he was retested, the MRI showed that the cancer was still shrinking. The doctor said to come back in 3 months.

"When Terry went back in July 2007, the MRI showed that the cancer on the left side of his brain had disappeared completely and the other one in the center of his brain was still getting smaller. The doctor said for him to come back in 4 months for another MRI.

"Terry is still taking chemo for the can-

cer on his adrenal glands. They are getting smaller also. I asked Dr. Lang how long he should stay on the chemo and he said that since it is doing so well, he should stay on it. I said that we felt that it is the Protocol that is shrinking the cancer. Dr. Lang said it is probably both things working together. I asked him what he would say if all of Terry's cancer disappears and he answered, "That would be a miracle!" From this it is apparent that he doesn't think the chemo will make it disappear.

"In October of 2007, Terry had a Pet-Scan which showed that the cancer on the left adrenal gland had disappeared completely, the one on the right adrenal gland had shrunk considerably, the ones in his neck and abdomen had gone away and the brain scan showed no significant activity of cancer. Dr. Lang kept saying "It's amazing!" when he saw Terry's report. Terry will have another MRI in November which will give a definitive picture of the cancer in his brain. We expect that it will be much smaller or completely gone by that time.

"Terry is feeling very well. He has gained weight and is active. We are very thankful for the information we got from "Outsmart Your Cancer". I wish I knew who gave me the CD so I could thank them personally. I have been sharing the CD with anyone who is interested. I hope Protocol can help other people as much as it has Terry.

"The web site for the Protocol story is "Outsmartyourcancer.com". You can research information there. G.L."

"PS. November MRI was very good. **All brain cancer gone! Praise God!**" ♦

Editor: We do not sell Protocol. Never have. We have heard rave reviews about it and an earlier formulation of it since the early '90's. We're running "G.L.s" report above because we believe it will be of interest to many people. It involves the use of both mainstream chemo and Protocol—Protocol experts say sometimes that can be done and sometimes not. Please get more information from your own health care professional and from the Protocol info sources listed by G.L. in her article above before making any decisions. **Protocol is NOT a cancer treatment/cure. We consider it a cleansing program.** ♦



Eye Health: Macular Degeneration, Cataracts, Improved Vision, & More!

Researchers from Brigham and Women’s Hospital and Harvard Medical School reported in the *Archives of Ophthalmology* that a higher intake of the carotenoids lutein and zeaxanthin, as well as vitamin E, could reduce the risk of developing cataracts by about 15 per cent. The study adds to the ever-increasing body of science supporting the role of lutein and zeaxanthin for eye health, with the majority of those studies supporting their role against age-related macular degeneration (“AMD”), the leading cause of legal blindness for people over 55 years of age in the Western world, according to AMD Alliance International.

The study regarding cataracts involved 39,876 female health professionals with an average age of 53.5. The researchers obtained detailed dietary information from 35,551 of them, and followed the women for 10 years. By quantifying intakes of lutein and zeaxanthin into five groups, the researchers report that women with the highest average intake (6716 mcg per day) had an 18 per cent lower risk of developing cataracts than women with the lowest average intake (1177 mcg per day). Women with the highest average vitamin E intake from food and supplements (262.4

mg per day) were 14 per cent less likely to develop cataracts than women with the lowest average intake (4.4 mg per day).

Editor: Our **Vitamin E** is Item No. J-14, and has been a customer favorite for a long time. As to lutein and zeaxanthin discussed in the above research findings... our “**Eye-Vite**” product (**Item J-115**) includes both lutein and zeaxanthin, along with lycopene and beta carotene, all of which are pigments and antioxidants that have been found to protect the macula. People with low macular density of these pigments have been shown to be at increased risk for macular degeneration. Now, this new study points out the link between lutein and zeaxanthin and cataracts.

We’ve heard from lots of customers who say their vision has improved after they started taking Eye-Vite regularly, but we haven’t asked specifically about cataracts and AMD. We also have to say that we’ve talked to a number of people over many years who have said they began spraying **Clear Real Willard Water** (the diluted ounce-to-a-gallon mixture) in their eyes, or used it as an eye wash, and saw very significant reduction in their cataracts—some even cancelling their scheduled cataract surgeries. No

evidence that would work for anyone else, but we also know it won’t hurt anyone.

Eye-Vite also contains Gamma-aminobutyric acid (GABA) which has been shown to improve visual function and cognitive and motor functions. Bilberry extract and vitamin E are antioxidants included in Eye-Vite because they have been shown to prevent oxidative damage to the eyes. Vitamin E, remember, was cited for reducing the risk of developing cataracts in that Harvard study by 18 per cent in the women who took the highest average amount of it. Zinc is also in Eye-Vite since it’s an important healing agent shown to protect against vision loss in adults.

Eye-Vite has become a very popular product... reading the benefits of its various ingredients, is it any wonder? The “believers” in the Eye-Vite product — the ones who have had their eyeglass prescriptions made weaker, after being on Eye-Vite and finding their vision improved, and the ones who have noticed not needing their glasses for tasks they always needed them for before (playing cards, reading phone books, etc.) likely won’t be surprised by any of this, but those who haven’t tried Eye-Vite, might be., and might want to give it a try! ♦

Trivia & Tidbits . . .

1. What was the last name of the famous painter simply called Rembrandt?
2. What monument is the tallest in the U.S. — at 630 feet?
3. What was the name of polar explorer Admiral Richard Byrd’s dog?
4. A milligram is a thousandth of a gram. What’s a picogram??
5. What are you afraid of if you have ergophobia?
6. On what vegetable did ancient Egyptians place their right hands when taking an oath?
7. Dolly Madison served (flavor) ice cream at the 1812 inaugural?
8. Who is credited with developing plywood?

AND THE ANSWER IS...

1. Van Ryn (or van Rijn).
2. The Gateway Arch in St. Louis, Missouri.
3. Igloo.
4. A trillionth of a gram.
5. Work.
6. The onion. Its round shape symbolized eternity.
7. Strawberry.
8. Alfred Nobel, inventor of dynamite and founder of the Nobel Prize.



ON “THE WEB”!

www.willardswater.com

Or

www.nutritioncoalition.com

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Please Note: We are not health authorities of any kind. This newsletter represents our own views—presenting information we believe to be true and correct, but is “opinion”, nonetheless. We also have a vested interest in most of these topics, so don’t claim to be impartial. This newsletter, or anything else we publish, is no substitute for a competent health professional. User reports, though published here, don’t prove anything—we pass them along because they certainly are of interest to others using the same products, or who have an interest in them.

Reach Us At: 1-800-447-4793 (218-236-9783)

NUTRITION COALITION, INC.

P.O. Box 3001 Fargo, ND 58108-3001



PRODUCT HIGHLIGHTS & UPDATES FROM CHARLIE

What Do You Get When You Take 6,528 TIMES A Recommended Amount?

If you said “BLUE”, you’re right! We told you last month about the man who turned blue from taking colloidal silver. We also told you we would bet he was using a very strong dilution of it, and taking very large quantities of it.

We were right. The “Blue Man’s case” was reported in the Dermatology Online Journal, which says it is supported by the Department of Dermatology UC Davis, and by the Northern California Veterans Administration. Here’s the link to the full report:

http://dermatology.cdlib.org/111/case_reports/argyria/wadhra.html

Here are the highlights:

- ◆ He made the colloidal silver himself
- ◆ He made it in a strength of **450 ppm** (parts per million). For comparison, the Colloidal Silver we carry is **20 ppm**.
- ◆ He drank **16 oz** of that **450 ppm** mixture **THREE times a day (total of 48 ounces a day!)** for 10 months when he noticed his skin was turning gray/blue. Again, for comparison, the suggested use on our colloidal silver is **One Teaspoon** per day for an adult.

The supplier of our Colloidal Silver, Daily Mfg., put this in perspective for us. They said to obtain an equivalent dose of theirs (the 20 ppm colloidal silver) it would **require drinking 8.5 GALLONS of that Colloidal Silver Per Day!** And it was Daily’s who “did the math” and told us the “blue man” was taking 6,528 times their recommended amount!

Which brings me to a second point. If someone took 6,528 times the amount of some drug... Tylenol, Lipitor, whatever... does anybody think there would be widespread news reports about the “danger” or the “results” of using such drugs at those levels? Of course not! In fact, it wouldn’t even be a news story. It would be seen as a case of someone overdosing. Such cases

are not usually headline news.

Another amazing aspect of this story that I don’t think WAS reported by the mainstream media that was all over it, was that the man apparently had no other negative side effects, or more accurately, negative results of his EXTREME overdose.

This NOT to suggest anyone else should take colloidal silver, or ANY product at levels so far above the recommended amounts. But it IS amazing to me that even when the “Blue Man” overdosed to this amount, he had no other reported problems as a result.

Our Colloidal Silver supplier, Daily Mfg., also told us that they make certain that their colloidal silver is in the proper concentration EVERY time they make it. To do this, they test each batch themselves first to obtain the concentration, and then send it off “to an analytical laboratory for final concentration determination by atomic absorption spectrometry. The redundant testing assures that you get a consistently safe dose when used as directed.”

As we’ve so often said, we have learned we can have total confidence in anything we get from Daily Mfg. After years of carrying their products, and getting feedback from customers saying they’d been using another “brand” of what they now have from us in the Daily line and can’t believe how much better it is, why wouldn’t we?

The Dermatology Online report also said that the Blue Man reported that he did see improvement in his arthritis.

Ironically, I don’t think I’ve ever heard colloidal silver mentioned as a possible help for arthritic conditions, but that was why the Blue Man apparently started making it and using it in the first place.

As we’ve often said, the first thing we think of to try for arthritic problems is the good old stand-by, Real Willard Water (RWW). Can’t even guesstimate how many people have told us over the years that they’ve had great relief from their arthritis after starting on RWW. And there are many other natural products with established track records in this area as well.

We Have A New Joint Formula!

Recently we were led to another one that seems to us to have great promise, so we’re adding it to our line. This **NEW PRODUCT** in our line is a

Joint Formula and

was brought to our attention by a wonderful lady from Nebraska... Arlene K. We want to say **“Thanks, Arlene, for steering us to this very exciting product!”**

She has had tremendous results herself, and has led a number of other people to it, who have also reported great results.

We had someone else try it who had been perfectly happy with the results she’d been getting from our EasyFlex (Item J-38) and MSM-Glucosamine (Item 98) products, but tried this new one, “just to see”. She says she’s doing great and has never before found anything else that compared to the results with those two.

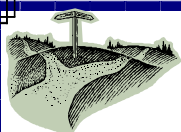
So, given that one “comparison to what we KNOW to be good” and the rave reviews from “Arlene and Friends” we’re happy to introduce you to **“3-in-1 Joint Formula”**. It’s our **Item No. IN-1**, and it sells for \$31.95 for a bottle of 90 Liquid Soft-Gels. That’s a 30 day supply if you take just one 3 times a day, but only a 15 day supply if you take the “up to 6” a day that the label okays, and which is their “serving size”. But, when you hear about one person who had to lift each leg with their hands, to get up steps, and after using “3-in-1” they have NO problem going up stairs, it might be a bargain for some people at many times its price!

If you’re happy with the product you’re using, great, but anyone who hasn’t yet found a product that works for them, may well want to give **“3-in-1”** a try. ♦

She thanks “3-in-1” for going from lifting each leg with her hands to go up each step, to taking the stairs with NO PROBLEMS...

... if someone took 6,528 times the recommended amount of a drug, would they blame the drug?

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LOSING HIS WIFE & FAMILY DIDN'T CURE HIM...

“We have a friend who is a minister who was telling us about an experience one of his church members had over 25 years ago. The poor man had been so consumed by his alcoholism, it had cost him his first wife and family. Though he'd obviously been devastated by that loss, it didn't 'cure' him... he continued drinking.

“One night when he was at home alone, he was suddenly sort of engulfed in a very intense blue light... it just seems to come streaming down on him and surrounded him.

“He said the blue light was so intense he really couldn't look into it to see if there were any details to explain its source, or whatever. But he said he thought in the one glimpse he took, he saw his (deceased) father somewhere up in that light... he couldn't see anything else ... except the beautiful, but intense, blue light.

“He doesn't know how long that light was there... but even now, more than a quarter of a century later, it brings tears to his eyes as he recalls it. It was most definitely real.

“And he doesn't know why, but from the moment that light disappeared, so did his desire for alcohol.

“He never had another drink. And he didn't have any alcohol treatment, either. I know that's supposed to be a bad thing... quitting without treatment. They say it can lead to other problems.

“But from what I was told, quitting drinking certainly did not lead to any problems for this man. In fact, his life apparently turned around. You can imagine how grateful he is for that.

“My guess is the 'cure' came from the One above... and when he brings a 'cure', it doesn't require any further treatment!” — A. T. ♦

Editor: We invite you to send your own stories of unexplained help, Forks in the Road, or other inspiring stories, for this column.



E-Mails, Mailbag & Phone Calls. . .



Cataracts Disappeared & Reappeared —

“K.L.” told us her father was told he had cataracts and began using **Real Willard Water** (RWW) spray on them (the ounce-to-a-gallon mixture), along with prayers and EyeBright, and they reduced so much that at his next visit the doctor could hardly tell they were there. Then, he stopped his regimen, and the cataracts returned. Didn't take long for him to get back to his regimen!

Acne Help & Pregnancy Question — That's what “M.B.” e-mailed us about. Told us “your **Willard Water** and Gels (**Aqua Gel** and **Chinota Gel**) are great for acne, but is it safe for a pregnant woman with acne? Answer: Lots of pregnant women have used Real Willard Water, and our gels, while pregnant—including Kolleen Sunde, from right here at

NCI, and the Sundes' daughter, Abby, when she was expecting their now-7-year-old granddaughter, Ava. All in the family as they say! Seriously, many pregnant women have reported their belief that RWW was helpful in various ways during their pregnancies... Kolleen Sunde's experience with gestational diabetes (detailed in the article on the insert page in this issue), being just one of them.

Roseacea Help — that's what “Vivian” noticed from our **Overnight Conditioning Cream with Willard Water** (Item No. R-102). She said she's tried cleansers from several cosmetic companies, “all of which dry my skin out further”. But our R-102, on the contrary, is helpful. And the night before e-mailing us, she tried out our Aqua Gel and already that morning she said “I actually noticed a little difference”. ♦



More Product Highlights & Updates from Charlie

**All In A (One) Family: Cyst Disappeared; Dog: "Like a Pup Again"; Grandpa: Now Walks 3 Miles a Day!
Couple Other Families: No More Cold Hands & Feet;
Help During Pregnancy, With Blood Sugar, and More!**

This e-mail from Theresa H, is worth sharing with all of you, word-for-word:
"Hi Charlie,

"I just wanted to write in and let you know how Willard Water is helping my family.

"My daughter, Beth, had a cyst about a year and a half ago and at that time we were not yet taking Willard Water. The cyst became infected and was very difficult to remove. Surgery took over two hours, twice as long as expected. Her recovery was slow even though she is a very healthy young woman and it took two weeks for the sutures to be removed.

"You can imagine how discouraged we were when she developed a recurrence of the cyst in her neck in November of 2007. The doctor said it should be removed immediately due to the problems we encountered initially. Within one week, the lump had grown from the size of a peanut to the size of a walnut and was very painful.

"While waiting for her surgery date to arrive, I wanted to ease her pain as much as possible. After reading all of your great testimonials, I had her drink Willard Water every day and also spray it on her neck where the lump was. The swelling began to go down...a lot.

"On the morning of her surgery, her doctor felt for the lump and couldn't figure out where it went...he thought he felt a little something on the left side of her neck...or was it on the right? Remember, this thing was the size of a walnut two weeks before. 'These cysts can be tricky', he said. He was confused but knew

After the surgery, the doctor reported there was **NO cyst... he'd never seen one disappear before...**

something had to be there..after all, he had never seen one of these cysts disappear before. When she came out of surgery the doctor said there was no cyst to be found.. just a little irritation from the first surgery. We kept on with the Willard Water and wouldn't you know she got her stitches removed only six days after surgery. Her incision line was nearly invisible and completely healed! So you can see how things turned out without and with Willard Water. Thank you Willard Water!!

"At the same time as this was going on, my sister told me to give my Chocolate Lab some Willard Water because it could really help her as well. Coco is nearly 13 years old and had gotten to the point that she could barely walk or even get up or down for that matter. She didn't eat well and her hair was falling out.

"One week after giving her the Willard Water I went out to work in the garden and walked over to let Coco off her line. As I walked towards her she ran to the end of her run... and was jumping and barking! I let her off her line and she ran full force over to her tennis ball like a puppy and then back and (ran) circles around me. I nearly fell over... but it never stopped.

"She doesn't limp any more and acts like a puppy, even in the cold winter weather. She eats well and has lots of energy. Her hair is shiny too. We are all amazed, and Coco? She's just happy.

"Over the past year or so, my father watched our dog Coco decline. He used to say to her...'I know, it's tough getting old, isn't it old pal?'

"After Coco had been on the Willard Water for about a month, Dad came over for a visit. I wish you could have seen his reaction. He went out into the back room to see the dog and he nearly fell over in shock when she got up and ran over and hopped around him barking...tossing her chewy in the air to tease him. He said... 'Oh my goodness! What happened to the DOG! She is like a puppy again!' I told him I put her on Willard Water and after a week she started acting like this and hasn't stopped. He looked at me and said...'I gotta get me some of that!!' So for Christmas I ordered him some.

"Dad is 77 years old and has always been very healthy and active. He has been carrying some extra weight and began having a hard time moving around. He would try to walk but would get maybe a half a block and be winded and have to sit down. His legs ached most of the time as well and he was having a hard time sleeping through the night. The weight just wouldn't come off.

"He has been taking the Willard Water for almost two months now. I talked to him last week and he has lost 25 pounds and is walking three miles a day...two in the morning and one at night! He sleeps great and is waking up ready to take on the day with no more aching legs or being winded.

"Thank you so much for offering such an amazing product in Willard Water. I have tried many products over the years, but Willard Water is the one that keeps my whole family happy and healthy and we couldn't ask for better results!

"Sincerely,

Theresa H. :) "

GOOD THING SHE FINALLY GOT AROUND TO USING IT...

It's actually a very common situation... Someone gives someone else a bottle of Real Willard Water ("RWW"), and the recipient just doesn't get around to using it. Sometimes even people who have bought the RWW themselves just can't seem to get around to using it.

It's clear from the copy of the e-mail Thank You that LZH sent to the person who had given her the RWW, that it's been a good thing for "LZH" she finally put that RWW to use! Check it out:

"I just wanted to send you a very belated thank you for the Willard Water sample you handed out in our workshop last September. It sat on my drawer for months and months even though I was certain I was going to try it soon after returning from the workshop.

"It probably would still be in my drawer if I hadn't been talking to someone who was telling me about a special device that you add to your water system to enhance the water and help improve your health. I am always open to healthy ways to improve my health, as well as people I care about. But, since this device was so much money I told him that I wanted to try the Willard Water that had been sitting around, for months, first.

"I've been drinking the water for only a week now. I understand it can take from a month to two months to really feel and notice the health benefits, but when I was looking at the www.willardwater.com web site it mentioned something about how the water can help the circulation and I realized my hands weren't FREEZING in this very cold weather. That's highly unusual for me as I turn into a snowman even indoors, from the cold weather. I was amazed! ... I have my 82-year-old mom on it now. And, I'm starting our 4 dogs and 3 cats on it tomorrow. And I ordered a lot of the water so that I can continue to use it long term.

"I can't thank you enough!" LZH

Her comment about her hands not being cold any more brought back a humorous memory for me and my wife, Kolleen...

We'd been using the RWW for probably a year or more, when an old friend who Kolleen had finally persuaded to try the RWW was telling us he'd noticed some changes after getting on it regularly, even though he'd resisted using it at first because he said "I'm so healthy, I couldn't see any reason for me to use it". Well, the first thing that actually "registered" in his mind as a change that occurred after getting on the RWW, was that he began sleeping well... went to sleep in minutes and didn't wake up until his alarm went off in the morning. Prior to that, he'd thought he was perfectly normal in his sleep patterns, since he'd been this way all his life... but it had ALWAYS taken him a couple hours or more to get to sleep and then he'd awaken many, many times, EVERY night, and was ALWAYS awake long before his alarm went off. NOT ANY MORE!

And the next thing he said he noticed is what was so funny to Kolleen and me... he said his hands and feet weren't cold any more... they'd ALWAYS been cold, and he'd always thought everyone's must be, since his mom and dad also had cold hands and feet all the time.

The funny thing was, as soon as he made that comment, Kolleen and I looked at each other and burst out laughing... because neither of us had thought about the fact that Kolleen's hands and feet weren't cold any more either... (easy to miss what ISN'T there any more!), but HER hands and feet had always been so cold (before RWW) that any time her feet would happen to touch me while we were sleeping, I'd be "bolt upright in bed" having been shocked awake by the "ice cube" type experience! Just one more thing we can thank RWW for!

And, in thinking back over our early experiences with RWW, I was reminded of two more things that sort of fit under the heading of "Frequently Asked Questions" that we had early experience with in using RWW...

1. Can pregnant women use it?
2. Is the Dark RWW better than

the Clear for any particular thing?

The answer to #1—can pregnant women drink/use RWW is a resounding YES as far as we're concerned, and as far as anyone can know. RWW has never been found harmful for anything, and LOTS of pregnant women, including Kolleen back some 24+ years ago, have used it. And, in Kolleen's experience, that also is an answer to question #2—is the dark better than the clear for anything in particular?

Kolleen was drinking RWW when she became pregnant with our youngest son (Ben turned 24 this last November). She'd had LOW blood sugar problems with her first two pregnancies, but with that third one (our last) she had HIGH blood sugar. They told us that was normal... if pregnancy affects a woman's blood sugar levels, it can go either high or low. When it goes high, it's called gestational diabetes. She was drinking the Clear RWW for the first 8 months, but learned from Doc Willard at the start of the last month of that pregnancy, that he'd consistently heard from users that the Dark worked better than the Clear on blood sugar problems (either high or low blood sugar). So she switched to the dark right then and there. Long story short... she went full-term, despite the plans that had already been put in place to "take the baby a month early" because that's the point at which the obstetrician told us there was no question that her blood sugar would spike, and endanger the baby. Not only did Kolleen's blood sugar never "spike", it started coming down. To the point that just before Ben was born, her blood sugar "acted just like a normal person" according to her obstetrician. Also, she was told to "expect to be diabetic by the time you're 40"... she'll be 57 at the end of March, and she's never had diabetes. Her Dad did, and her paternal grandmother did, but she never has, despite that history.

And, the Dark RWW is also often reported by users to be better at **raising their energy, helping gout** (a type of **arthritis**, so maybe any arthritis sufferer might want to try the dark), making them **WANT** to drink it more than the clear—almost like a craving to some, and for sure, people with blood sugar problems always have said the Dark RWW did even more for them than the Clear. ♦