

Possibilities

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Dentists? EPA? What's Up?

Criticism of fluoride in drinking water is nothing new from a lot of natural health advocates. But from the Dental Association and the EPA? That seems like news to us.

It actually happened some time ago (last November), but little was reported on it then. We found information on it while searching for something else. (Reminds us of serendipity: "a fortunate discovery made while looking for something else"...)

Back to the subject. Last November, the American Dental Association (ADA) sent an alert to its members of a possible problem with giving fluoridated water to babies. The ADA, which has long been one of the biggest advocates for adding fluoride to drinking water, told its members that parents of infants younger than a year old, "should consider using water that has no or low levels of fluoride" when mixing baby formula.

The ADA's concern was about babies and "fluorosis". Fluorosis is a condition caused by too much fluoride that damages the enamel of teeth. In its milder forms, fluorosis causes white specks or streaks to appear. In more severe cases there is dark staining and pitting of tooth enamel, which can increase the likelihood of decay and infection.

Both sides of the debate are said to agree that severe cases are not often seen in people whose water is fluoridated at recommended levels. Milk fluorosis is more common and the fluoride supporters have argued for years that such cases are cosmetic and not harmful. However, some scientists warn that even mild to moderate cases may lead to more significant problems.

Daniel Meyer, the senior vice president of the ADA, said his group

**Lower IQs?
Bone fractures?
Endocrine
problems?**

issued its alert because of two things. One was an October announcement by the Food & Drug Administration (FDA) allowing health claims on bottled fluoridated water—except when sold to infants.

The other was a report released in March 2006 by the National Research Council, which had been asked by the Environmental Protection Agency (EPA) to evaluate the federal safety limits for fluoride that naturally occurs in drinking water. The safety limit: 4 parts per million.

The report found that the EPA limit is too high and associated with harmful dental effects and an increased risk of bone fracture. The safety of treated water supplies, which have a lower concentration, was not addressed in the report.

Meyer of the ADA said despite the alert to members, the ADA still supports fluoridating water supplies.

Kathleen Thiessen, of the NRC report's 12 authors, is a scientist who specializes in assessing toxic risks. She said studies done overseas have associated mild to moderate fluorosis with lower IQs, endocrine system problems and skeletal damage.

Thiessen, who with 2 other authors of the report have become known as fluoride skeptics, said the ADA's alert should be of special concern to parents enrolled in the government's Women, Infant and Children (WIC) Nutrition program. The WIC program, for the most part, she said, allows parents to buy only powdered or condensed formula, which must be mixed with water.

What is fluoride? Supporters like to call it "industry byproduct". Critics call it "industrial waste". Clearly, the fluoride debate is far from over, but just may be heating up again. ♦

Key Enzyme Found in Every Human Cell Depleted By Statins

This headline pretty well summarizes the situation regarding Coenzyme Q-10. It is a naturally occurring compound found in every cell in the human body. It's alternate name, ubiquinone, comes from the word ubiquitous, meaning "found everywhere". It plays a key role in producing energy in the mitochondria, the part of a cell responsible for the production of energy in the form of ATP. According to Dr. James Balch, in his book "Prescription for Nutritional Healing, Third Edition", it is believed that as many as 75% of people over the age of 50 may be deficient in CoQ-10. Balch adds that "A lack of sufficient coenzyme Q-10 can lead to cardiovascular disease because without it the heart does not have enough energy to circulate the blood effectively".

Another article about CoQ10, by Cathy Wong, listed the following reasons why people use CoQ10:

- ♦ Heart failure
- ♦ Cardiomyopathy
- ♦ Heart Attack Prevention & Recovery
- ♦ High Blood Pressure
- ♦ Diabetes
- ♦ Gum Disease
- ♦ Migraine
- ♦ Counteract Prescription Drug Effects
- ♦ Parkinson's Disease
- ♦ Weight Loss

Wong cites a number of studies that show some benefits for people with heart failure/congestive heart failure. She also points out that not all studies find it helpful, or substantially helpful, but it has been found to reduce the symptoms and severity in a number of studies.

She says the "clinical effect" may take up to eight weeks to be seen, and that CoQ10 is used in combination with standard treatment, NOT to replace it, and that you need to consult your doctor before using it especially if you have heart disease, kidney failure, or cancer. Wong also points out it may lower blood sugar levels, so diabetics should not use it except under their doctor's supervision. Also, the safety of CoQ10 for pregnant or nursing women, or children, has not been established she says. Also, taking Statin drugs has been found to significantly deplete the body's supply of CoQ10, so if taking a Statin drug, you may want to ask your doctor if you should supplement with CoQ10.

Editor: We have CoQ10 50 mg Capsules (J-13) & 100 mg Softgels (+100 IU Vit. E) in J-23. ♦

A Couple of “Heads Ups” for Soft Drink Drinkers & Binge Drinkers

These two stories are really unrelated, except that they are aimed at people who drink particular types of drinks. One is about a deficiency binge drinkers (of alcoholic drinks) may develop and the other is about problems associated with drinking soft drinks.

It seems that soft drinks — even diet soft drinks — may increase a person’s risk for heart disease and diabetes.

That conclusion was reached by researchers who analyzed the soft drink habits of more than 6,000 middle-aged men and women participating in the Framingham Heart Study. They reported adults who drink one or more diet or regular soft drinks a day have about a 50% higher risk of metabolic syndrome and multiple metabolic risk factors.

Metabolic syndrome is a cluster of risk factors for cardiovascular disease and diabetes that include excessive fat around the waist, low levels of “good” cholesterol, and high fasting glucose levels. Having three or more of the factors increases your risk of developing diabetes or cardiovascular disease.

The American Heart Association stresses this is an observational study and does not show soft drinks actually cause risk factors for heart disease. Instead, it shows participants who drank soft drinks were more likely to develop the risk factors. It was pointed out that people who drink soft drinks often also eat and drink more overall calories, saturated fat and trans fat and consume less fiber and dairy products. And it was found they also tend to be less physically active.

Guess it’s a question of which one causes what.

Next, for the binge drinkers. Or, more specifically, for the male binge drinkers. A new study found that a diet that includes fish may be helpful for men who drink a lot of alcohol.

The research found men who binge drink have lower intakes of Omega-3 fats — a type of essential fatty acid (EFA) necessary for a healthy diet, as the researchers explained it. This lower level of Omega-3 could lead to long-term health problems, according to the researchers, who said not having enough Omega-3 leads to loss of growth and development, infertility, and many physiological and biochemical abnormalities. The study looked at data from 4,168 adults who reported alcohol consumption as part of a 2001-2002 survey. It found EFA intake decreases as alcohol consumption increases, especially among men. It seemed binge drinkers tend to eat foods short on Omega-3. The researchers said diet is not the only thing to blame for all the fatty-acid changes in the organs of binge drinkers, adding that alcohol itself affects fatty acid metabolism, mainly by increasing fat break down. The study authors concluded people who drink, especially those who binge drink or have more than one drink per day on average, need to eat more fish so they may increase Omega-3 fatty acids in their diets.

Editor: Another way to increase Omega-3 levels is with Omega-3 supplements. We have it in Item No. J-39 EPA Omega-3 Fish Oil and in Item No. J-77 Flaxseed Oil Softgel capsules. Flaxseed is an excellent non-fish source of Omega-3 fatty acids.

Fight Aging; More?

We’ve written before about a fast-rising star in natural health circles called Resveratrol. Many people see it as an effective tool in the fight against various health problems associated with aging such as cancer, Alzheimer’s and heart disease, as well as being said to possibly add years to one’s life.

It’s an ingredient in red wine. We actually have it in supplement form in our product line. Its Item No. is JF-2.

David Sinclair, a Ph.D. at Harvard Medical School, has been getting a lot of attention in the mainstream media recently for his beliefs in the potential benefits of it.

Sinclair discovered the molecular compound in 2003. He says it extends the life span of mice by up to 24% and up to 59% in other animals like flies and fish. He has since founded a company called Sirtris Pharmaceuticals. His company’s researchers are working on developing products based on resveratrol that might be helpful in lowering blood glucose levels and more.

From what we’ve seen, a lot of the dramatic claims made for resveratrol’s potential benefits may require taking VERY large doses of it, but we have to admit, we’re taking reasonable doses of it ourselves every day “just in case”!

Trivia & Tidbits . . .

1. Which continent is the only one to have no glaciers?
2. How many flowers are in the design stamped on each side of an Oreo cookie?
3. When did American sales of cassettes surpass those of long-playing records?
4. Which is larger—a crocodile’s egg or a duck’s egg?
5. What is a geoduck?
6. How wide an angle is the average person’s field of vision?
7. What was the average life span of a Stone Age cave dweller?
8. What problem did Leonardo da Vinci, Winston Churchill, Albert Einstein, Thomas Edison & General Patton all have?

AND THE ANSWER IS...

1. Australia.
2. Twelve. Each has four petals.
3. 1983.
4. They’re about the same size—about three inches long.
5. A large clam.
6. About 200 degrees.
7. 18 years.
8. All were dyslexic.



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PRODUCT HIGHLIGHTS & UPDATES FROM CHARLIE

News? Who Else Told Us This Long Ago? And Who Should Get The Credit?

I'm often struck by the fanfare that often seems to accompany stories in the media about various new health "discoveries". If I hear one more story detailing the amazing discovery that, for instance, a particular vegetable, or vegetables in general, have been found to be beneficial for one's health, my head may roll off from my shaking it so hard!

Didn't our mothers tell us to "eat your vegetables, they're good for you". And didn't all our fathers insist we eat them too, whether or not they offered as much explanation for it as our mothers did?

Furthermore, somehow people "back then" KNEW vegetables, and fruits, and whole grains, etc. were good for their health. They also suspected that soda pop, candy, cookies, and scrumptious items sold at the church bake sale, weren't necessarily good for us on a regular basis... that's why they were usually reserved as "special treats", not to be consumed as one's staples of life! Here are three recent headlines that prompted this rant from me:

"Vitamin D: Magic Bullet Against Cancer?" Turns out a research study found women who took 1,100 international units (IU) (far more than the "recommended daily amount" of 400 IU) had a "whopping 60% reduction in cancer risk", but then they went back and accounted for women who entered the study with undiagnosed cancers at the start of the study, that improvement soared to a **77% less risk** among women taking vitamin D **for all major types of cancer, including that of the breast, colon, and lung.**

Tell me, didn't our parents, and teachers, and phy.ed. instructors, ALL tell us we needed to play outside, to "get some sunshine" because it was good for us?

The study was funded by the National Institutes of Health and published in the *American Journal of Clinical Nutrition*, online version of June 7, 2007.

The next headline that set me off was **"Calcium, Vitamin D Keep Pounds Off"**. This study found that women taking 1,000 mg of calcium and 400 IU of Vitamin D daily, weighed slightly less (0.28

...77% less risk for all major types of cancer...!

pounds less) than women taking a placebo. But the main thing was that after three years, the women who took the supplements were **less likely to have gained either a small or moderate amount of weight, more likely to have maintained a stable weight, and more likely to have lost weight.**

Once more, didn't we all grow up being told that drinking our milk, for calcium, was important, along with the sunshine and vegetables already mentioned? (Granted, some natural health experts now say that cow's milk isn't the best way to get calcium, but our "elders" had the right idea... calcium is important!)

This calcium/vitamin D study was published in *Archives of Internal Medicine*, 2007;167:893-902.

The next headline was **"Fight Breast Cancer with Calcium, Vitamin D?"** Sure enough, researchers found that for younger women, whose bodies are still producing insulin-like growth factors (IGFs), which are linked to a certain type of breast cancer, higher intake of calcium and vitamin D was associated with a lower risk of that type of breast cancer in younger women.

This study was published in *Archives of Internal Medicine*, 2007; 167:1050-1059.

I WILL be the first to admit that it's important in today's society to have any kind of health benefits proven scientifically. After all, no claims can be made for anything that isn't proven. And, besides that, we all prefer knowing there's some scientific validation of what we believe to be true. However, it just amazes me that these studies are touted as some kind of "revelation". Maybe they ARE revelations to the mainstream thinkers who, in recent decades at least, have laughed at the "health nuts" who first warned of the dangers of ignoring nature's ways of keeping people healthy, and relying on drugs to treat people after they were sick, instead.

So, despite my shaking of my head, we do welcome all such studies, and all the

Additional Savings & Information Opportunities... give us your email address! You certainly do NOT have to give it to us, but we occasionally send out e-mail information and some particularly good special price offers. If you haven't received any e-mails from us, it means we don't have your e-mail address.

We also send out e-mail notifications to you when your order is actually shipped from here, if we have your e-mail address on file.

If you've ordered from us online, we automatically record your e-mail address, but for those of you who have never placed an order directly from our site, choosing to phone in your order instead (or mail or fax it), we probably forgot to ask you if you had an e-mail address, so we haven't gotten it.

You can just send us your e-mail address by e-mailing it to us at WillardWtr@aol.com, or directly from our web site, www.willardswater.com . or www.nutritioncoalition.com (both take you to the same site).

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media attention they can get. It undoubtedly encourages people to actually do some things that are healthy for them, and will serve them well in the long run. But seems like an injustice to me to all those parents, and other "teachers, to say nothing of the "natural health pioneers" who endured ridicule and sometimes even jail sentences for saying that what we eat, or don't eat, has consequences for our health.

My wife, Kolleen, and I contributed to a number of "defense funds" for people like that (at least one of them was an actual M.D., others were natural practitioners) and thanked them for their efforts. Just wish there was a way all these "studies" could recognize people like that.

We do, of course, offer **Vitamin D (Item No. J-24)**, and **Calcium (Items J-25, J-201, or J-203)**. ♦

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FORKS IN THE ROAD?

“I was thinking about one of your recent stories in this column, which I often think of as ‘angel stories’ and wondering why I never have any visits from angels. Then, it sort of came to me, out of the blue (angelic interaction?) that I’ve had many experiences with my life being miraculously improved by various ‘forks in the road’ that came up seemingly by chance, and my decisions seemed to be made so clear to me they weren’t even decisions at all.

“When I started reviewing those forks in the road, I was dumbfounded by all the times that so many different things had to happen in just the right order, at just the right time, with just the right people involved for that ‘fork in the road’ to end up as an opportunity for me.

“Coincidence? Maybe if it only happened once. But when things come into your life that turn out to be of monumental importance in the ‘big picture outcome’ of

your life, it just seems to me, it can’t just be chance.

“I think this is a way that God’s order is woven into our lives. It’s a way of presenting His options to us, while still leaving us with our own free will to choose to follow that fork in the road.

“I bet if your readers started thinking about various parts of their lives that all started with a ‘fork in the road’ type of experience, they’d be amazed too, by the impact such changes of course had on their lives.

“I truly believe God is involved in everyone’s life, and sometimes it’s really nice to look back and see where the Hand of God may well have been steering you in the right direction, even if you didn’t recognize it at the time.

Opening my mind to this has been really wonderful for me, because it makes me feel that connection to God in my life even better. I think ‘Forks in the Road’ could be the name of this column!” — A.T. ♦

Editor: We invite you to send your own inspiring stories of Forks in the Road, or unexplained help, for sharing in this column.



E-Mails, Mailbag & Phone Calls. . .



The Ants Have Spoken! — “A.P.” thinks so. She called to say that she saw a big black ant “really trucking” across her kitchen floor...sure enough, it headed straight for her little dog’s bowl of drinking water, which of course is Willard Water. She said it was funny to see the ant, with it’s head sort of down, drinking from the bowl! She says she’ll probably have to find a way to discourage the ant’s “friends and colleagues” from continuing this practice, but it sure was amusing! Guess ants know a good thing when they see it!

He Had Tried Everything — That’s what the dog’s owners told “K.K.” after she groomed the dog who had a severe skin allergy with some ‘slimy hot spots’. She said “as a final rinse, I used diluted Willard Water.” She said the

sliminess went away and the dog’s skin was no longer red. She sent the dog’s owner home with two ounces to use for the dog’s drinking water and topical treatments.

“Works on Rough Elbows, Too!” — That’s what K.S. reported about Item No. R-104, “Callus Softening Cream with Willard Water”. She said the skin on one of her elbows was extremely rough and sort of looked like “little layers of skin” that felt like “sandpaper”. She had gotten some of our Callus Softening Cream, so she decided to try it on her elbow, even though it was rough skin, not a callus. After only a few applications, she said the change it made was “unbelievable... it felt softer than my other elbow!”

Editor: We now have R-104, Callus Cream, back in stock. ♦



More Product Highlights & Updates from Charlie

Second in this Series

How About Burns, Sunburns, Acne, Psoriasis, And Other Skin Problems?

In our last issue, we began a series of articles to look in greater detail at the oft-mentioned “unusual characteristics” of Real Willard Water. Those characteristics pretty much explain the wide ranging benefits users have reported over the 3+ decades since it was first discovered.

In the last issue, we talked about “the water’s” abilities in increasing nutrient assimilation and elimination of wastes and toxins.

This time, we’re going to take a look at it’s oft-reported benefits from people who have used it on various types of skin problems...

- ◆ **from burns and sunburns,**
- ◆ **to acne,**
- ◆ **to psoriasis,**
- ◆ **to eczema,**
- ◆ **to rashes,**
- ◆ **to skin problems reported to us as “defied diagnosis and treatment for years—a dermatological problem of unknown cause”,**
- ◆ **to etc. etc.**

We don’t know WHY it seems to work so well on skin problems, but most people with skin problems that have gone away or been significantly reduced after using Willard Water, haven’t seemed to care if they don’t know why it apparently worked. Much like those of us who can’t explain how electricity works, still turn on the lights when it gets dark, and the air conditioning when it gets too warm, etc. etc. etc.

One thing Dr. Willard (“Doc”) did tell us, and user reports have confirmed again and again, is that it seems to work the best on skin problems when the person with the problem is drinking it as well as applying it topically. Makes sense, since most skin problems are often said to be external evidence or symptoms of an internal problem. However, I have to say, we have heard from people who were very pleased with “the water’s” effect on their skin condition who never drank it, just used it topically.

But, it does seem to work the best, i.e. fastest, when used both ways.

Another clarification is that many people use “Aqua Gel” for their topical applications of the water, instead of the liquid water, since “the gel” stays in place longer and doesn’t evaporate like the liquid water does. Aqua Gel is basically just Willard Water thickened into a gel, with a little Vitamin E and Aloe Vera added. In cases where they are dealing with a bad burn or sunburn, they sometimes spray the liquid water on first, until the pain subsides enough to be able to “stand” touching the area to apply the gel.

Back to the “characteristic” of helping skin conditions.

Doc also told us that he was told by a burn expert on one occasion that the reason people often report no scars being left from burns on which they used the Willard Water, would be because the water “heals by first intention”. That means it heals from the bottom up, so to speak. It heals the bottom/inside area of the burn first, and then heals the upper levels of the skin. This expert told Doc this could mean that there could be some lightening of the skin pigment, so eventually, the skin so affected might appear lighter than the skin surrounding it, but it would not have a scar or scar tissue. Doc told us that made sense to him, since he had “tested the water on burns by burning himself with the flame from a Bunsen burner type device, and then using only the water on the resulting burn. He never got any scars, but he did have some areas of lighter skin than the area around it.

My wife, Kolleen, experienced that lightened skin herself, following getting a type of what I guess you’d call a “chemical burn”, which she used the Willard Water on. She was applying a lacquer to wainscoting and some of the lacquer splattered over her hands. She didn’t even notice it at the time, since it

was a clear substance. And as soon as she noticed it, she wiped it off.

But, within a short time, she had “raw” looking areas on her hands. Of course, she used Willard Water and Aqua Gel on them. They healed over and all was well. She’s so fair skinned, we never even noticed the “lightened skin effect” until the next summer, when after being exposed to the sun, her hands actually darkened up some (she tans so little she’s never felt she could say she ever had a tan!) and when that “tanning” occurred, there were a few spots that remained “whiter”. Those were the spots where the lacquer had splattered. But, no scars, and when she doesn’t have a “tan”, you can’t even tell on her that those few areas are “lighter” than the rest of her skin on her hands.

Do we think it really does seem to stop scarring? Yes! We have heard from people who have been burned on everything from hot wood stoves, to boiling grease from stove-tops, to hot coffee, to you-name-it, who never had any scars develop. Most, in fact, never even had blisters!

We mentioned the report we got from a young woman many years ago who had been burned as a child in a recent e-mail we sent out to those of you for whom we have e-mail addresses. In that woman’s case, her legs were both burned. Her parents had heard of Willard Water and that it was good for burns, but not being absolutely certain that it was a good idea, they decided to sort of “hedge their bets” and use the Willard Water on only one of her burned legs. She said she sure wished they’d used it on both, because the leg they used it on didn’t have any scars, but the leg they didn’t use Willard Water on, certainly did have scars.

And then there was the most famous “burn report” of all... the young man named Chauncey Taylor in the program “60 Minutes” did on Willard Water way

back in 1980. Chauncey told the “60 Minutes” team about the burn he received when an oil drum he was working on exploded. He rushed to his house and got in a bathtub which his wife poured Willard Water into. Then they contacted their family doctor—Dr. Lemley. Turns out Dr. Lemley was a fan of Willard Water himself (said it did a lot for his emphysema), and decided, as Chauncey’s M.D., to treat Chauncey’s burns only with Willard Water.

Ultimately, Chauncey’s leg healed over with all new skin, and no scars. The “60 Minutes” team went back to see him about 6 months after he’d been burned and was very impressed with his legs’ appearance. Had they seen him some time after that, they’d have been even more astonished—you absolutely could not tell that he’d ever been burned.

And, I can’t discuss “the water’s use on sunburns” without smiling as I recall Cliff’s creative way of selling both Willard Water and Aqua Gel to tourists in his home state of Hawaii.

This was back in the early 1980’s. Cliff owned a health food store on Maui, Hawaii, and carried Willard Water and Aqua Gel from us. He sold lots of it.

We didn’t know until long after that he sometimes would go down to the beach and find “really sunburned tourists”. He’d apply some of the Aqua Gel to their sunburns... but only on one arm! He’d tell them where his store was... he said they’d always turn up the next day, looking for the Aqua Gel so they could get relief on the rest of their sunburn!

Then, he’d explain to them that that gel was really just “Willard Water in a gel” and by then they were believers in both the Willard Water and the Gel, and he’d sell them both.

I have to admit it was an effective way to “market” such an unusual and little known product. If we’d been half as “diabolical” in our marketing efforts, we’d undoubtedly be a much larger company by now! But, we’ve just never been able to stop ourselves from covering someone’s whole burn, for instance.

Another question we often hear is, “Why does Willard Water work so well on acne?” We don’t actually know. We just know that we’ve heard from more people than we can remember over all these years, who have told us about their

own, or their son’s or daughter’s experience with Willard Water and acne, and how “miraculously” it seemed to go to work on the acne.

It would seem especially miraculous to those who had been struggling with serious acne problems for years, spending hundreds and hundreds of dollars on more and more potent drugs to use on it, only to see no improvement, and who then got some of “the water and the gel” and “Voila! My acne problems just seemed to disappear!”

We certainly don’t believe it will work on everyone’s acne. But we’ve actually never heard back from anyone who bought it to use on acne, who said it didn’t work. And we’ve heard from lots of them who say it did, and who have become extremely loyal, repeat, customers.

We also can’t explain why people who spray Willard Water on their face every day, or apply Aqua Gel to it, say their skin seems to look younger. Doc told us that some “skin experts” had told him they felt it helped with the body’s production of collagen, which is essential for young and healthy-looking skin, but we certainly don’t know that that’s the case. Doc did say the water works as an exceptional exfoliating type product. It just does a great job, he said, of removing dead skin cells, which sometimes, as we age, he explained, we don’t slough off like we did when we were younger. Getting rid of those old skin cells reveals the healthier skin below. That would seem to help in the “younger looking skin department” one would think!

I mentioned psoriasis earlier. Again, we can’t tell you why it helps, or even that it would always help—nothing will always help anything, it seems. However, given how difficult a time people suffering from psoriasis often have in getting any relief, I’d feel guilty not telling them that we’ve been told numerous times from numerous people, that Willard Water did indeed seem to help their psoriasis. Some simply spray it on the affected areas, some apply the Aqua Gel regularly to those areas, and many do both. Some also pour a couple of cups of the ounce-to-a-gallon mixture from their “mixed up gallon of Willard Water” into their bath water and soak in

it. In other words, whatever ways they can conveniently keep “the water” and/or the Aqua Gel in contact with the affected areas, are the ways in which they use them. And, again, those who also drink the water, report the best results.

“Ditto” all this for eczema. I remember years ago getting an order from a lady in the New York/New Jersey area, who had severe eczema. She said she was referred to us by her New York City dermatologist, who said he’d seen the Aqua Gel work on a patient of his for whom he’d run out of treatments—he’d used as much and as strong doses as possible and they’d had no impact at all on that most severe case of eczema. Then, the dermatologist told her, that patient’s neighbor gave him some of that Aqua Gel, and the problem was quickly greatly reduced, and ultimately, she said, it just wasn’t a problem any more at all. Lucky for her, that dermatologist had gotten our number and wasn’t afraid to tell her about what he’d observed.

Another common “skin type use report” we get is using the water and/or Aqua Gel on insect bites of various kinds. We’ve been told of either or both of them relieving pain and itch from mosquito bites, bee stings, and other such flying pests, to even fire ant bites and spider bites of various kinds.

And many is the time we’ve had grateful people tell us how much relief the water or the Aqua Gel provided for poison ivy and poison oak.

We even remember Doc telling us about a rancher who used the concentrate on his dog who had been bit by a rattlesnake. We certainly INSIST that in the case of a snake bite, you MUST get proper care and treatment immediately, but since this rancher couldn’t do anything else fast enough (why I don’t recall right now) he decided to use the Willard Water concentrate—and the dog had no further problems as a result of that bite. Again, Don’t Try That At Home! But, clearly, the water didn’t hurt the dog!

Let me reiterate, one more time, Do NOT use Willard Water or Aqua Gel as a replacement for proven treatments for any of the problems discussed. But it seems pretty clear it won’t hurt to use it along with any standard treatment for these types of “skin problems”. And it also seems, it just might help! 💧